

Elements

Training Workbook & Resources



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TEACHING STYLE

At Planmeca University we incorporate the Tell, Show, Do teaching style.

-  **Tell** - Listen to the instructor giving detailed instructions on the upcoming material.
-  **Show** - Watch the instructor demonstrate the proper technique.
-  **Do** - Perform the action and ask questions.

HOW TO USE THIS WORKBOOK



This section covers equipment & guidelines



This section covers scanning & scanning techniques



This section is all about design



This section is for milling and materials



This section has resources and information for your success

This workbook is yours to keep; don't be scared to write in it! Words in **BOLD** are icons or choices within the software. You'll also find quick tips and time savers throughout. Hover over icons in the software to reveal their names.



PlanScan System & Equipment Overview

PlanScan Laptop

1. Powering ON and OFF the laptop
2. Windows 8 - Tiles and accessing the desktop
3. Care and general maintenance



Connecting the Thunderbolt™ Adapter

Properly connecting and disconnecting the scanner prevents damage to your devices.

1. Insert the Thunderbolt adapter into the adapter slot on the side of the laptop. (The adapter should remain attached, even when not in use.)
2. After opening the PlanCAD software, connect the red FireWire connector of the scanner into the white Thunderbolt adapter.

The laptop gives an audible signal to confirm that the connection is fully seated.

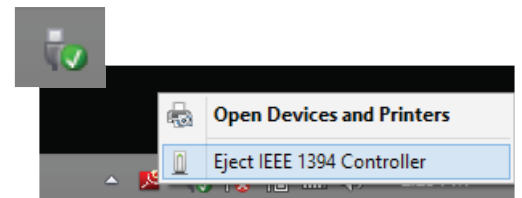
To remove the scanner, hold the red end with one hand and with the other hand grasp the Thunderbolt adapter. Gently pull apart to disconnect. Leave the white Thunderbolt adapter attached to the computer.



Disconnecting the Thunderbolt Adapter

If you wish to remove the adapter from the laptop:

1. Disconnect the scanner and exit Romexis to the Windows desktop.
2. Navigate to the Eject Media icon in the lower left corner of the desktop.
3. Click the icon and choose **Eject IEEE 1394 Controller**.
4. Remove the Thunderbolt adapter from the laptop.



[Failure to follow the Thunderbolt Adapter procedure may result in an inoperable scanner. For additional questions or concerns please contact Customer Support at 800.537.6070.](#)

PlanScan Scanner

1. Scanning Tips
2. Cradle
3. Scanner Cable; connecting and disconnecting the scanner are in a later section.



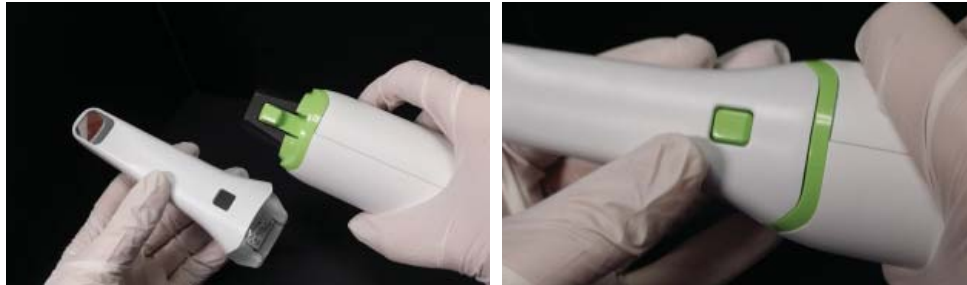


PlanScan System & Equipment Overview

Connecting the Scanning Tip

(If scanning intraorally, disinfect the tip before connecting it to the base. See the User Manual for full instructions or the insert that is inside the scanning tip box.)

1. Grasp the body of the scanner with one hand.
2. Use the other hand to press the scanning tip onto the scanner as shown. A locking click is heard once the tip is fully seated.



Disconnecting the Scanning Tip

1. Grasp the body of the scanner with one hand.
2. With your other hand depress the green button on the underside of the scanner. Gently pull the tip from the scanner.



To prevent damage to the scanner, pull the pieces apart gently and without twisting or bending.

When the scanner is not in use, place the non-functional protective scanner tip on the scanner. *(Included with the scanner during shipping.)*



Failure to follow this procedure may result in damage to the scanner and scanning tip. Always follow the manufacturer's instructions for disinfection.

PlanMill 40

Maintenance of the PlanMill 40 is covered in the Elements course and in the User Manual.

- Each week or every 3 hours of milling, the mill fluids need to be replaced.
- Every other week or every 10 hours of milling, the Collets and Spindle Caps require maintenance.



For Celebration customers - If your mill is inoperative when you return to your office, check the back of your Job Server for a dongle that is taped to the back. Plug the dongle into the back of your Job Server to enable the communications between the machines.





Exercise 1 - Premolar Crown with Buccal Bite

Exercise 1 - Premolar Crown with Buccal Bite

Tooth #5 (1-4 ISO)

Romexis

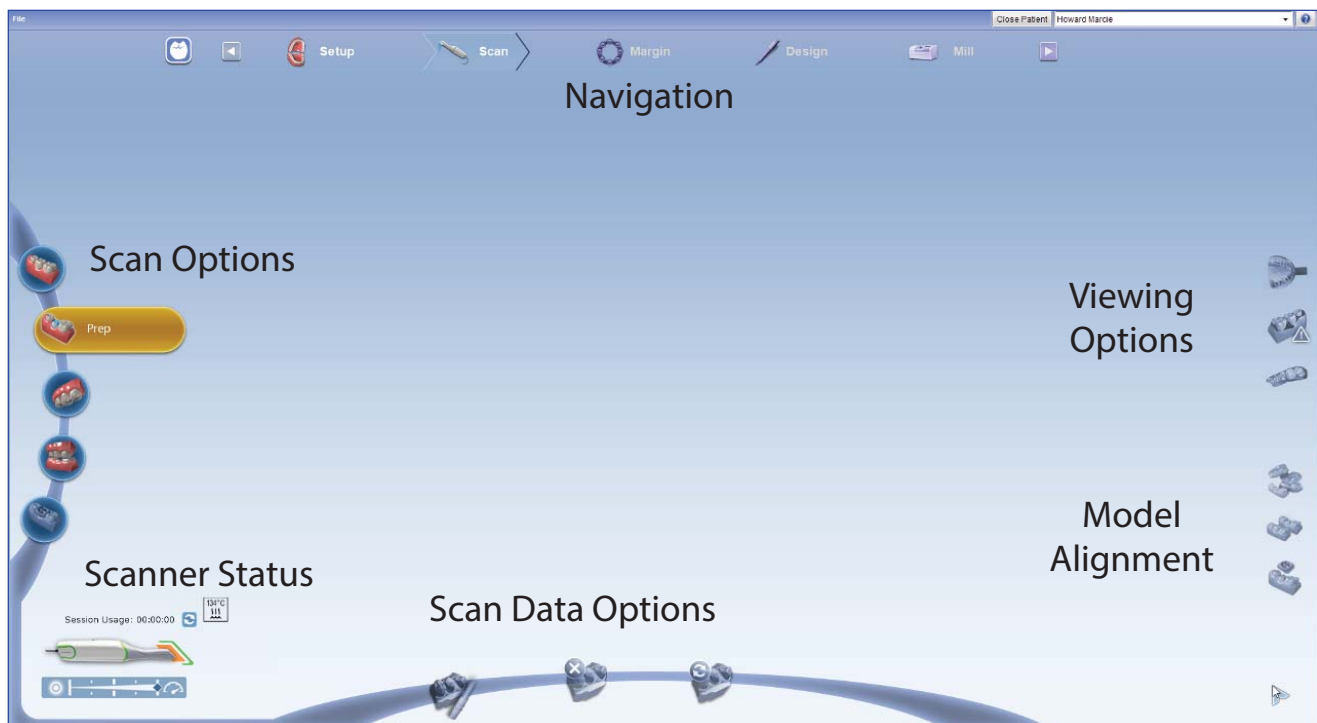
1. On the main screen of Romexis, click **Add Patient**.
2. Add your name in the patient demographics screen, complete the options in bold.
3. Click **Save Patient** at the bottom of the screen.
4. Click **CAD/CAM** in Romexis options to the left of the screen.
5. Under **Scan & Design New Restoration** click **New Scan and Design**. This will take you to the Setup Tab.

Setup Tab

Enter the setup information for this case, then proceed to the Scan Tab.

1. Select **Tooth 5 (1-4 ISO)**; the tooth will highlight and turn orange as you move the cursor away.
2. Choose the restoration type **Crown**.
3. Select the bite option **Buccal/Opposing**.
4. Choose **Library A**.
5. Pick the material **Empress CAD LT**.
6. Select shade **A1**.

Scan Tab Overview





Exercise 1 - Premolar Crown with Buccal Bite

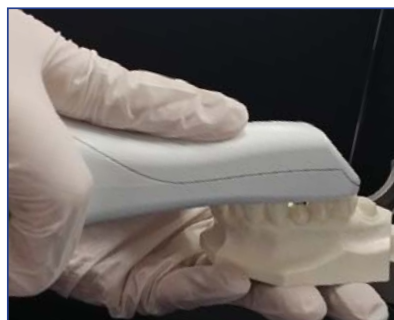
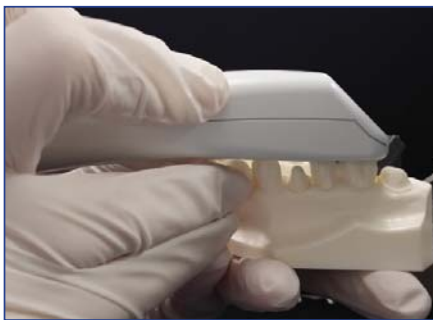
Connecting the PlanScan Scanner

1. After opening the PlanCAD software, connect the red FireWire connector of the scanner into the white Thunderbolt adapter.
2. Verify the scanner status in the Scan Tab; wait until the scanner tip is warming before attempting to scan intraorally.
3. Activate the scanner with the Space Bar of the laptop or the Power button on top of the Scanner.
4. Disconnect the scanner (red firewire connector) after moving to the Margin Tab



Holding the PlanScan Scanner

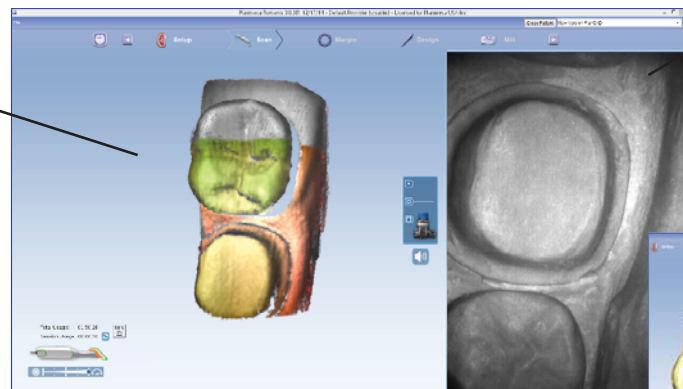
Hold the scanner close to the tip like a handpiece or overhanded. Rest the neck of the scanner on the adjacent teeth.



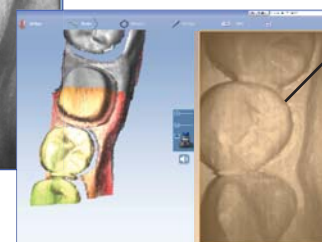
The tip of the scanner must point toward the distal of the preparation. If you scan in the incorrect orientation, you will need to delete those scans and start over.

Scanning Live View and Model Indicators

Model View



Live View



Scanning stops when the Live View turns Sepia. Return back to a known area.

CAPTURING DATA THROUGHOUT SCALE

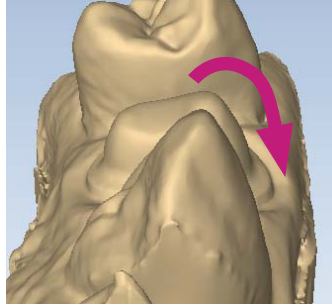
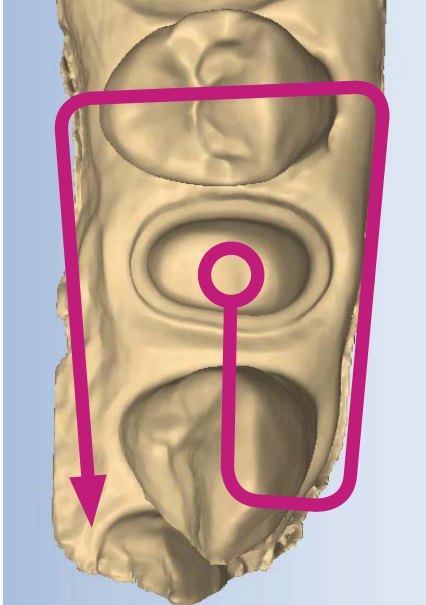




Exercise 1 - Premolar Crown with Buccal Bite

Basic Scanning Pattern

Begin scanning directly over the occlusal surface of the preparation. Move in a gradual, continuous motion toward the mesial neighbor. Transition from the occlusal, cusp, axial wall, to gingival surfaces. The scanner should be held close to 90° while scanning parallel to the buccal surface.



Goals of Prep Scanning

- 100% of the prep
- Interproximal contact point
- 90% of the adjacent teeth
- Good axial data for design
- 2-3 mm gingival tissue on buccal and lingual

Keep your eyes on the screen and use the model and live view to track your progress and current position.

Evaluate the model

1. Use the mouse to rotate, move, and zoom in and out to evaluate the model.



Left Click

Select - position the cursor on an item and click the left button to select.



Right Click

Rotate Model - press and hold the right button while dragging the mouse on the desktop.



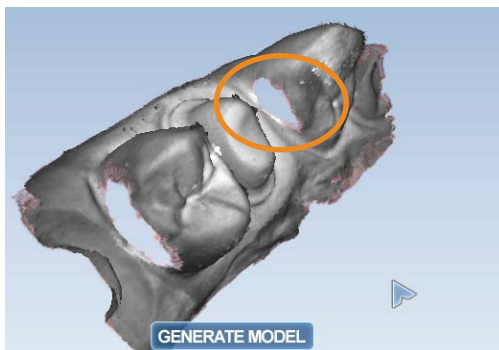
Scroll Wheel

Zoom - rotate the scroll wheel to change the size of the model.

Move - press and hold the wheel to move the model.

It's important to practice using the mouse. Ensure you are comfortable moving the model and zooming in/out.

2. Rotate the model to look for low data areas in key areas: the preparation, interproximal contacts, etc..





Exercise 1 - Premolar Crown with Buccal Bite

- Fill in any required missing data by activating the scanner. Use the fill in techniques.

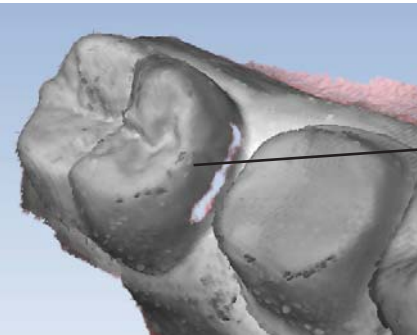


Distal Tip - Rest the end of the scanner tip on the distal neighbor; rock the scanner to point the blue laser into the mesial interproximal area.



Mesial Tip - Rest the neck of the scanner tip on the mesial neighbor, rock the scanner to point the blue laser into the distal interproximal area.

Ensure your model has 100% of the preparation, the interproximal contact areas, and at least 90% of the adjacent teeth and full cusps.

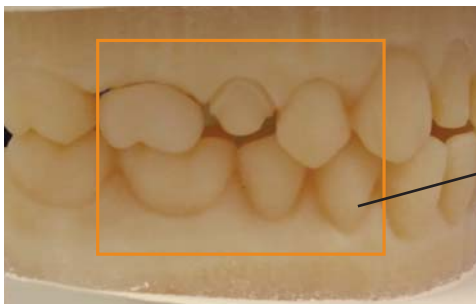


Focus on the contact zone, not the gingival contours.

- Erase any interfering data such as extra teeth, tongue, cheek, and cotton rolls.
- Click **Generate Model** or press **M** on the keyboard to finish building the model.

Buccal Bite and Opposing

The opposing teeth are scanned to acquire bite information for the proposal. The buccal bite is scanned to align the preparation model with the opposing model. Scan the teeth that are opposing the teeth in the preparation scan.



Identify the three teeth directly opposing those in the prep scan.

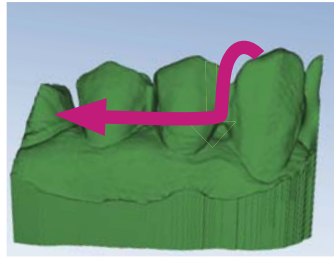
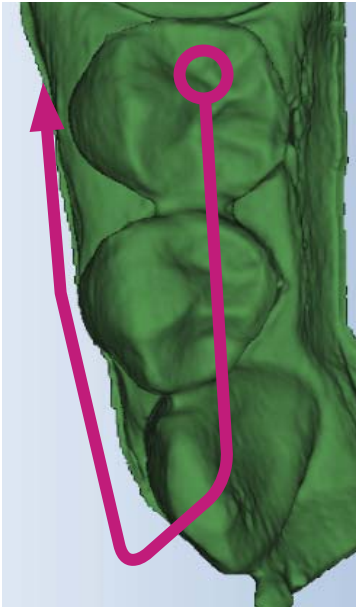
Note: Many clinical operators scan the Opposing while the patient is being anesthetized.



Exercise 1 - Premolar Crown with Buccal Bite

Scan Opposing

1. Click **Opposing** in the scan options on the left of the screen.
2. Starting with the distal tooth, scan the occlusal data.
3. Transition to the buccal and scan the buccal surface. Include 2-3 mm of gingival data. (Cusp tip, axial wall, gingival)
Lingual data is not necessary.



Goals of Opposing Scans

- 100% of the occlusal and buccal surfaces
- 2-3 mm gingival tissue on the buccal surface
- Lingual data not necessary

4. Erase interfering data such as tongue, cheek, and cotton rolls.

Scan Buccal

1. Click **Buccal** in the scan options on the left of the screen.
2. Close the articulated model gently. If it shifts during the scanning, the alignment may be incorrect.
3. Scan the buccal surfaces of the teeth that were captured in the preparation and opposing models. Ensure some gingival data is captured.



Goals of Buccal Bite

- Capture the buccal surface of the dentition in the prep and opposing
- 2-3 mm gingival data
- No rotations necessary

Note: Be sure to verify the status of the buccal alignment.



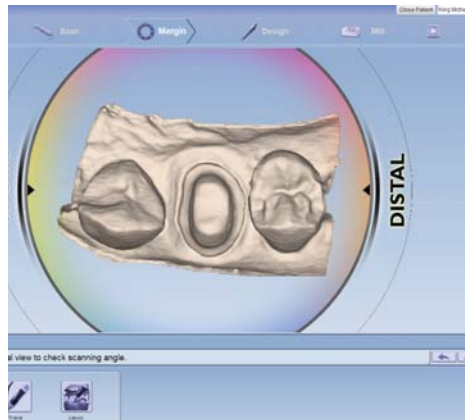
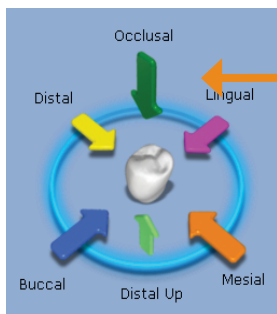
In most cases, alignment is done automatically by the software. A green dot in the Buccal icon indicates a successful alignment. Always verify the alignment before continuing with the next step.



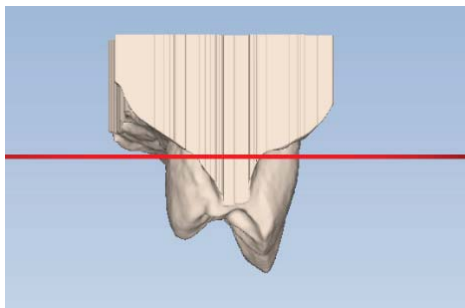
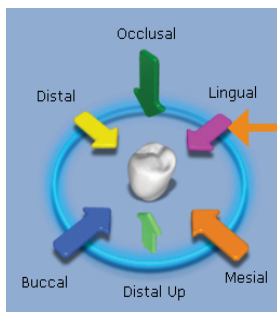
Exercise 1 - Premolar Crown with Buccal Bite

Evaluate and Adjust the Orientation

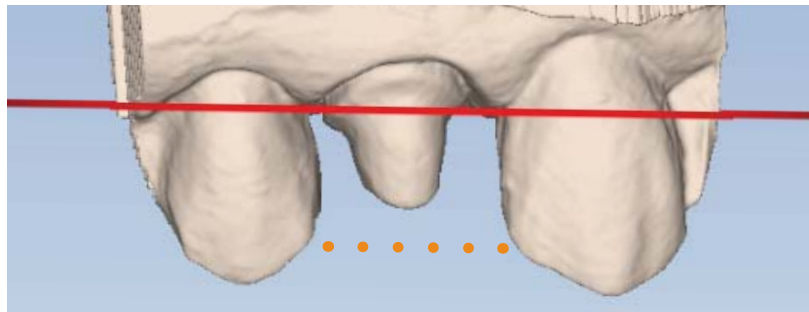
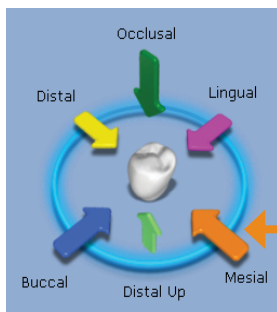
1. Click the **Margin** tab.
2. Evaluate and adjust the Orientation using **View Controls** to change the point of view.
 - A. In the Occlusal View, balance the model from buccal to lingual.



- B. In the Distal View, align the buccal cusps of the neighbors.



- C. In the Buccal View, evaluate marginal ridge alignment.



3. Click the **Orientation** icon to accept the current position.





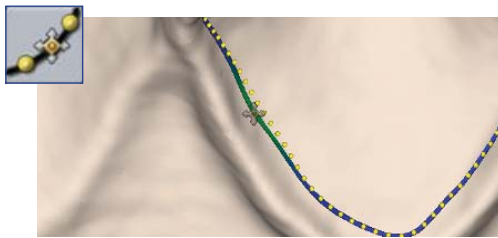
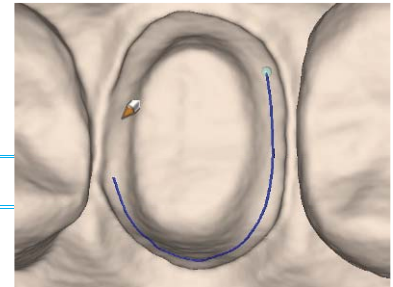
Exercise 1 - Premolar Crown with Buccal Bite

Mark the Margin

1. Use the scroll wheel to zoom in on the preparation.
2. Click **Trace** and click on the inside of the margin.
3. Moving in small increments, click as you move around the preparation.

Don't worry if you make a mistake while drawing the margin.

4. The margin is finished when the original point (blue dot) is clicked to finish the circle.
5. Practice adjusting the margin with both **Move Margin** and **Add Segments**.



Move Margin is used for minor adjustments.



Add Segments is used to redraw a section of the margin.

Design

Please reference the CAD/CAM workflow for design. We will use this form throughout the design process.

PLANMECA PlanCAD Workflow

HAVE QUESTIONS? Contact Support @ 800.537.6070

SCAN

Verifying the amount of scan data will ensure a better fitting restoration.

Scan Prep
100% of Prep and contact zones; begin on the occlusal surface of the prep.

Erase Brush
Tongue, Cheek, Fingers or Extra data

Scan Opposing
100% Occlusal and buccal gingival data

Scan Buccal
Capture all teeth in prior scans

Bite Alignment
Verify before moving to the Margin tab.

MARGIN

Orientation
Automatically active; balance the model from the occlusal view to mark the margin.
Orientation can be de-activated or deactivated at any time using this icon.

Trace Margin
From the occlusal view, mark the margin on the shoulder.

Verify Alignment
Verify the orientation of the model with the Green Preview Tools.

Use the Green Preview Tool as a guide to align the model after activating Orientation

Use Move Margin to adjust placement
Use Add Segments to redraw a portion

DESIGN

Follow the design flow. Return to a section and repeat any necessary steps when needed.

Generate
Generate proposal in the first step in the design process.
AutoGenesis ON - Click Apply
AutoGenesis OFF - Resize, Reposition, Apply
Some cases may require orientation to be adjusted.

Fit
Customizing the proposed restoration to fit in its place over the prep.
Use Incremental Change Tools to adjust overall fit.
Click an arrow next to the desired adjustment. Twist, Rotate, or Expand to fit in place.

Form
Refine contours, marginal ridges, embrasures and cusps.
Use Freeform Change Tools to make small adjustments to contour.
Rubber Tooth can be used to adjust Axial Walls, Marginal Ridges, Occlusal table, and Embrasures.
Use Move Feature to copy Smooth Surface to buccal and Dropper to add material when needed to modify the proposal.

Function
Use these tools to adjust the bite and occlusion to ideal parameters.
Adjust bite with View Bite Registration (x2), View Contacts, & Contact Refinement.
Goal: White, Brown, Black
Adjust interproximal contacts with Freeform Change Tools. Use Hide Model and Smooth Surface to refine contacts. Goal: Light Green/ Aqua surrounded by Dark Blue

Prepare for Milling
Ensure the restoration will mill properly.
Material Thickness:
Occlusal table 1.5 - 2 mm
Axial walls 1 - 1.5 mm
Ideal margins are Yellow. If red/orange verify placement with Move Margin. Use Dropper as needed to add material

MILL

Sprue Position
Adjust the sprue away from margins, contacts, and occlusion when needed.

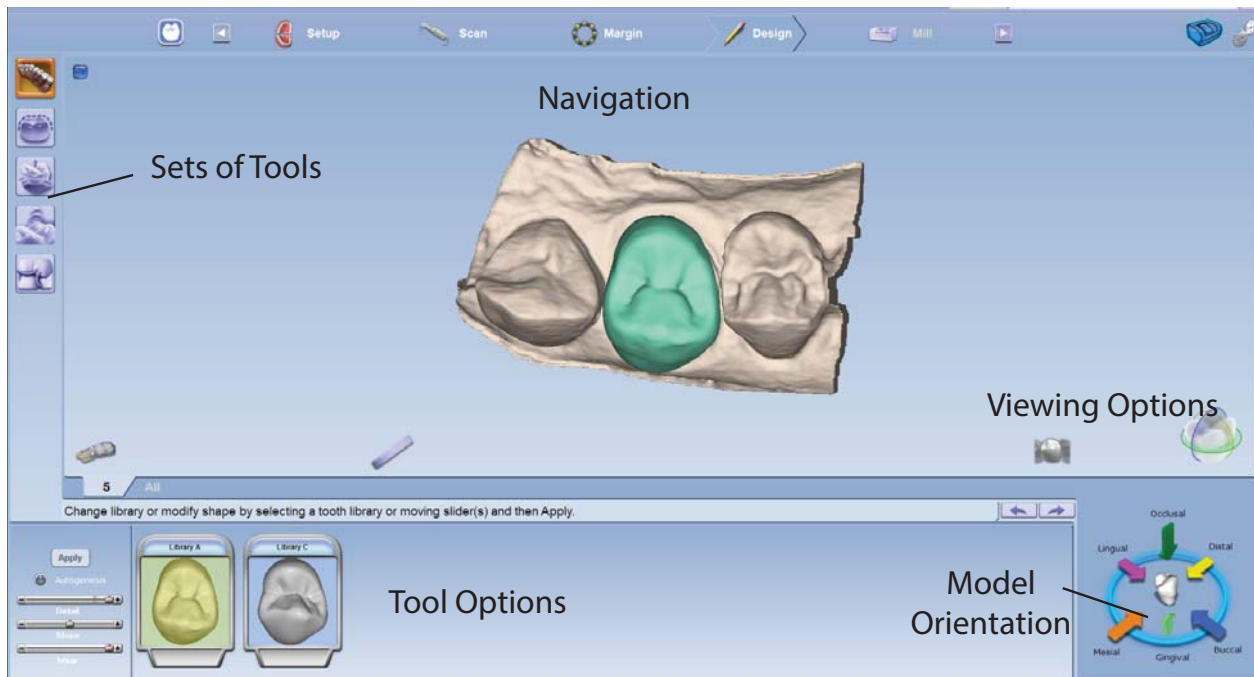
Block Size Selection
Select the block size for the chosen restoration and material.

MILL SIM
Check the internal fit of your restoration before milling.

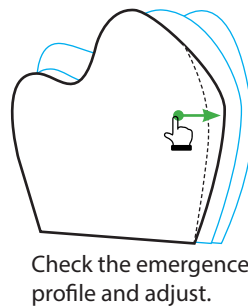
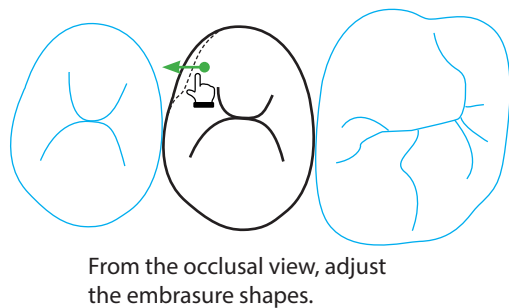
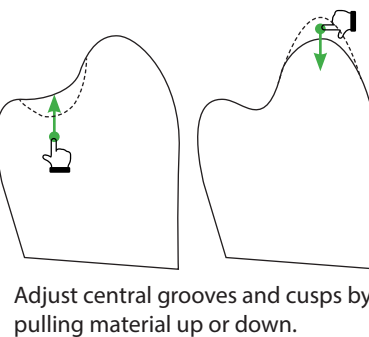
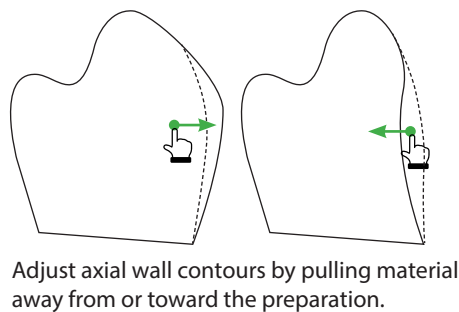
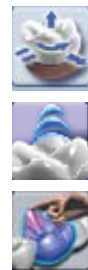
Look for internal interferences in the lingual surface of the restoration and use Slice Plane when needed to evaluate.

Send to Mill

Exercise 1 - Premolar Crown with Buccal Bite



1. Click the **Design** tab. The **Tooth Libraries** tools automatically appear.
2. Click **Apply** to have **Autogenesis** generate the proposal.
3. Click **Incremental Change Tools** to evaluate the proposal for large adjustments. Use the tool options to make changes where needed. Click **Apply** before continuing.
4. Click **Freeform Change Tools** and **Material Thickness** (in view options) to evaluate the proposal. The proposal should be blue/green with a yellow margin.
5. Click **Rubber Tooth** and adjust the axial walls, marginal ridges, and embrasures.



Note: Rotate the model to adjust circumferentially.

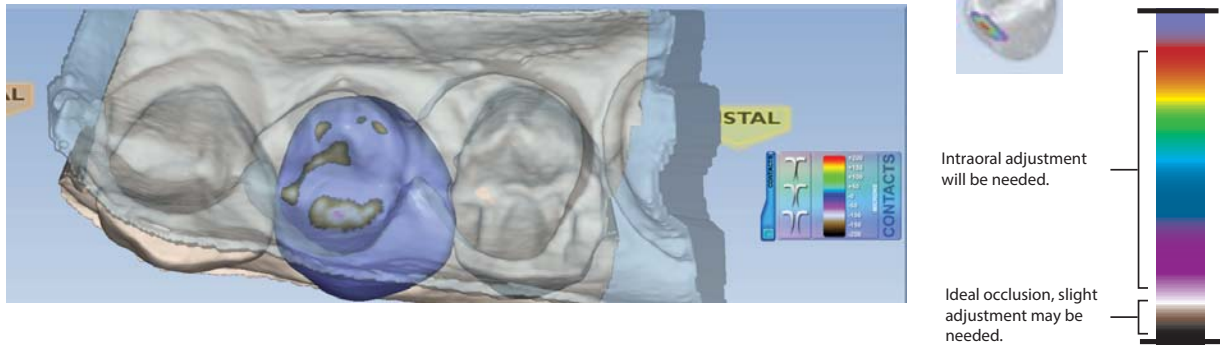


Exercise 1 - Premolar Crown with Buccal Bite

- Click **View Bite Registration** to see the opposing dentition model above the proposal. Click **View Bite Registration** a second time to make the template transparent.



- Click **View Contacts**. Use **Contact Refinement** to adjust to White, Brown, Black.

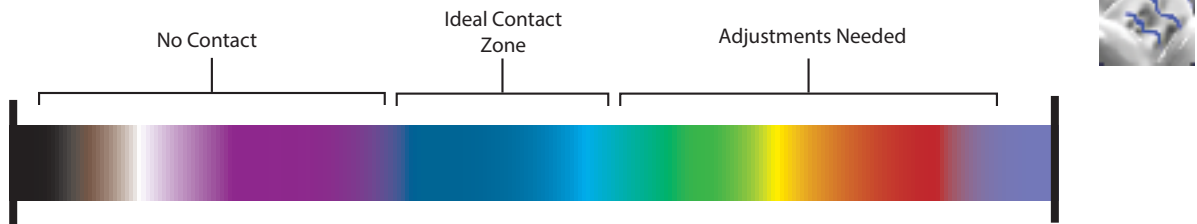


- Click **View Bite Registration** again to deactivate the template.

- Click **Hide Model** to remove the model from view.



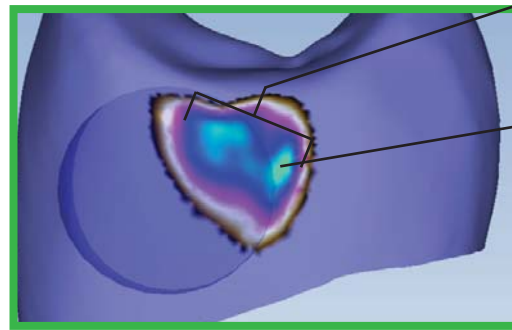
- Rotate the proposal to view the interproximal contacts. Adjust interproximal contacts as needed with **Smooth Surface** in **Freeform Change Tools**.



The goal is dark blue with a hint of aqua.



Before



Goal

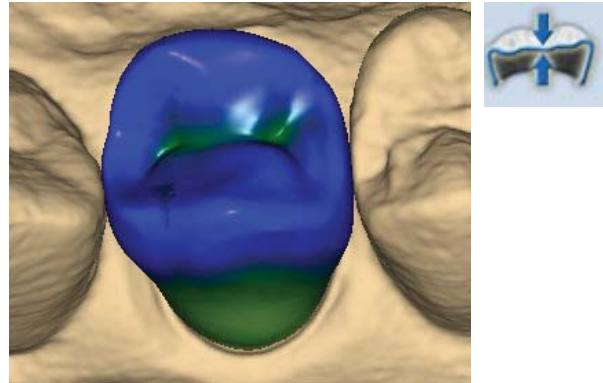
- Deactivate **Hide Model**.
- Deactivate **View Contacts**.



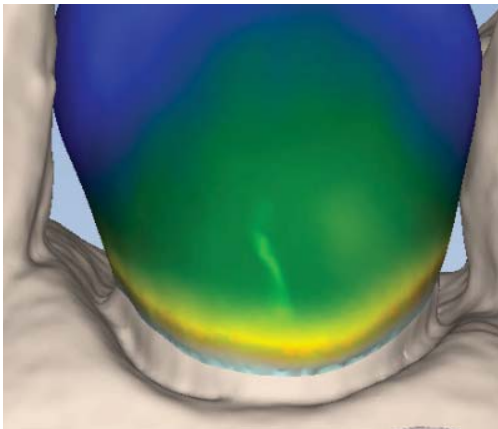
Exercise 1 - Premolar Crown with Buccal Bite

13. Click **Material Thickness**.

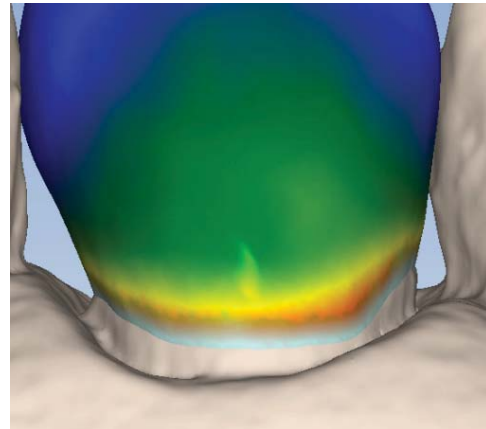
The desired material thickness is based on the block manufacturer's recommended thickness for your restoration type. The desired material thickness for a crown is 1-1.5 mm along the axial walls and 1.5-2 mm on the occlusal table.



14. Evaluate the margin. The material thickness should be yellow around the margin with no red or orange.



Good example - yellow margin



Poor example - Red or orange along the margin

15. If there is red or orange around the margin, click **Move Margin** to evaluate the margin for accurate placement. Adjust the margin, if needed.

[Going back to the Margin tab and making changes to the margin will result in losing your design.](#)

16. If the margin is placed accurately and is still red/orange, use the **Dropper** tool to add material thickness.



Congratulations on your first design with the PlanScan system!

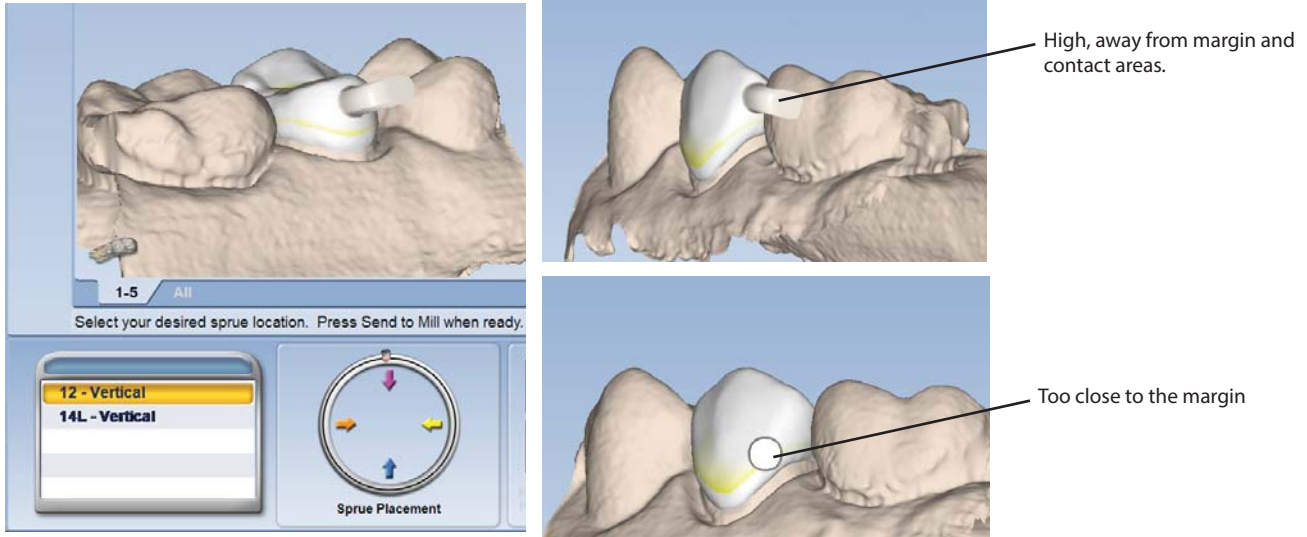
Review the CAD/CAM Workflow before continuing to the Mill tab.



Exercise 1 - Premolar Crown with Buccal Bite

Milling

1. Click the **Mill** tab
2. Evaluate your design and review the material thickness indicators.
3. Check the sprue position and use the **Sprue Placement** wheel to adjust when needed.
4. Select the block size (also based on sprue positioning)



5. Click **Mill Sim.**
6. Evaluate the simulation.
7. Click **Send to Mill**, click **OK**



The system defaults to the setting for the restoration type.

Standard - Full Coverage Crowns

Detailed - Inlay, Onlay, and Veneers



Exercise 2 - Molar Crown with Buccal Bite

Exercise 2 - Molar Crown with Buccal Bite

Tooth #30 (4-6 ISO) with bite registration

Some images in this exercise may vary from the physical model. The same work flow will be used.

Setup

Enter the setup information for this case:

- **Tooth 30 (4-6 ISO)**
- **Crown**
- **Buccal/Opposing**
- **Library A**
- **IPS e.max CAD LT**
- **Select shade B1**

Scan Prep

Scan prep using the basic scan method for a single unit posterior case.

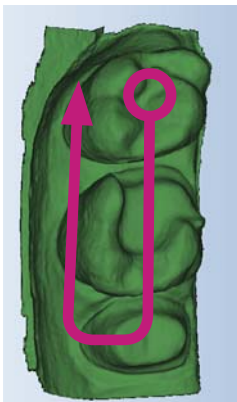


Goals of Prep Scanning

- 100% of the prep and Interproximal contact point
- 90% of the adjacent teeth and good axial data for design
- 2-3 mm gingival tissue on buccal and lingual

Scan Opposing

1. Click **Opposing**.



Goals of Opposing Scanning

- 100% of the occlusal and buccal surfaces
- 2-3 mm gingival tissue on the buccal surface
- Lingual data not necessary

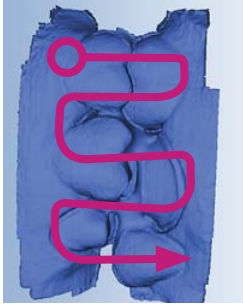
2. Erase any interfering data such as tongue, cheek, and cotton rolls.



Exercise 2 - Molar Crown with Buccal Bite

Scan Buccal

1. Click **Scan Buccal**.
2. Scan the buccal surfaces of the teeth that were captured in the preparation and opposing models. Ensure some gingival data is captured. Use the same scanner orientation as the other two scans.



Goals of Buccal Bite Scanning

Capture the buccal surface of the dentition in the prep and opposing

2-3 mm gingival data

No rotations necessary

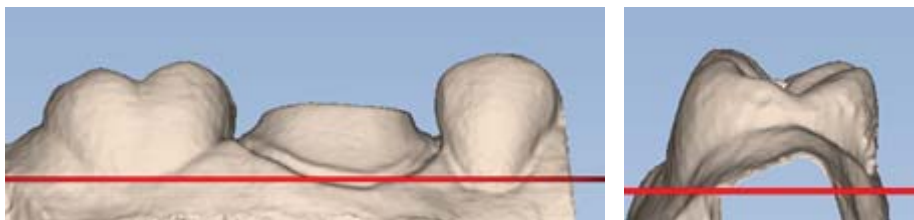
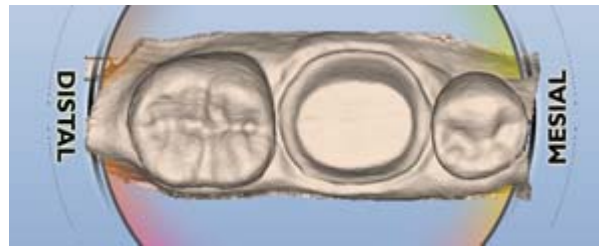
Note: Be sure to verify the status of the buccal alignment.



In most cases, alignment is done automatically by the software. A green dot in the Buccal icon indicates a successful alignment. Always verify the alignment before continuing with the next step.

Evaluate and Adjust the Orientation

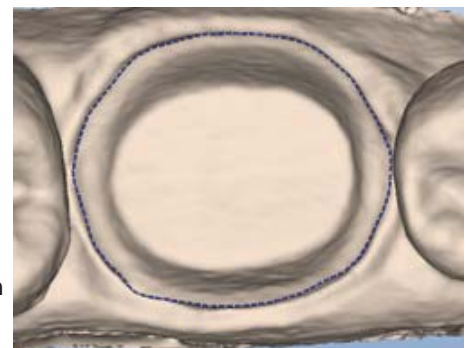
1. Click the **Margin** tab.
2. Evaluate and adjust the Orientation using **View Controls** to change the point of view.



3. Click the **Orientation** icon to accept the current position.

Mark the Margin

1. Use the scroll wheel to zoom in on the preparation.
2. Click **Trace** and click on the inside of the margin.
3. Moving in small increments, click as you move around the preparation.
Don't worry if you make a mistake while drawing the margin.
4. The margin is finished when the original point (blue dot) is clicked to finish the circle.





Exercise 2 - Molar Crown with Buccal Bite

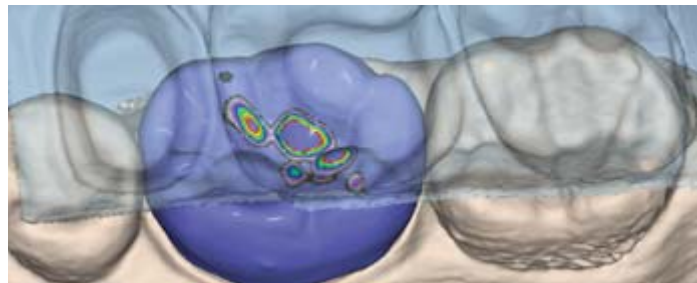
Design

Please reference the CAD/CAM workflow for design. We will use this form throughout the design process.

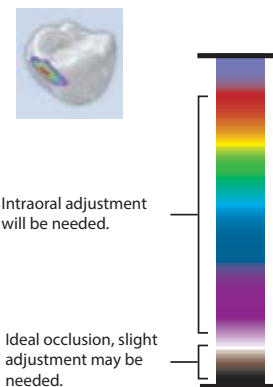
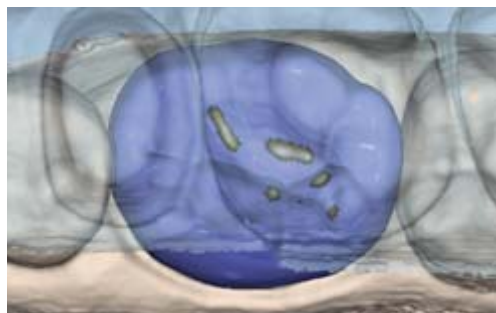
1. Click the **Design** tab. The **Tooth Libraries** tools automatically appear.
2. Turn **Autogenesis OFF** and click **Apply** to generate the proposal.
3. Click **Incremental Change Tools** to evaluate the proposal for large adjustments. Use the tool options to make changes where needed. Click **Apply** before continuing.
4. Click **Freeform Change Tools** and **Material Thickness** (in view options) to evaluate the proposal. The proposal should be blue/green with a yellow margin.
5. Click **Rubber Tooth** and adjust the axial walls, marginal ridges, and embrasures.
6. Click **View Bite Registration** to see the opposing dentition model above the proposal. Click **View Bite Registration** a second time to make the template transparent.



7. Click **View Contacts**.



8. Click **View Contacts**. Use **Contact Refinement** to adjust to White, Brown, Black.

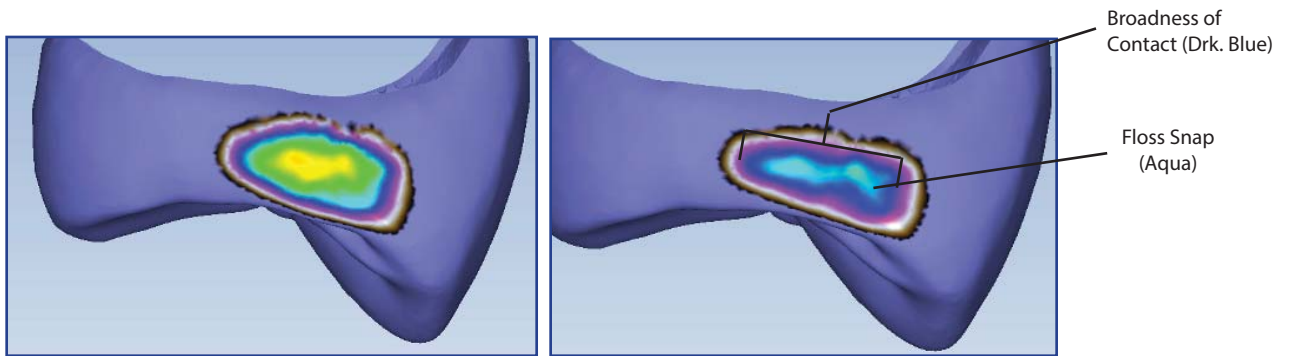
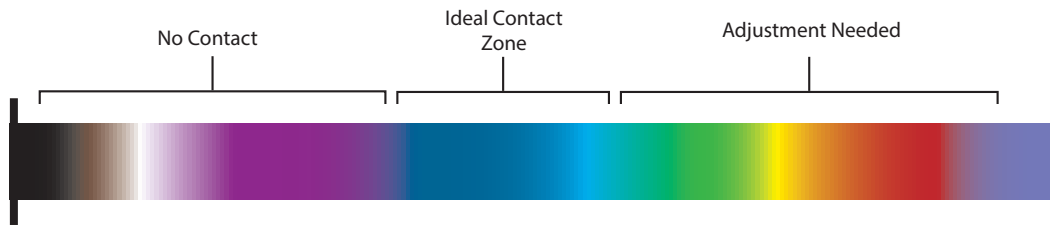


9. Click **View Bite Registration** again to deactivate the template.
10. Click **Hide Model** to remove the model from view.



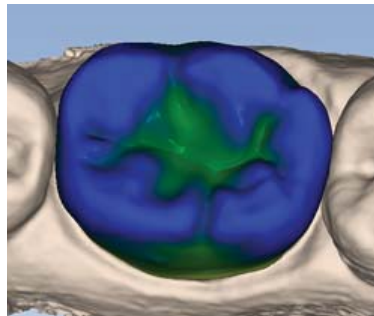
Exercise 2 - Molar Crown with Buccal Bite

11. Rotate the proposal to view the interproximal contacts. Adjust interproximal contacts as needed with **Smooth Surface** in **Freeform Change Tools**. The goal is dark blue with a hint of aqua.



12. Deactivate **Hide Model**.
13. Deactivate **View Contacts**.
14. Click **Material Thickness**.

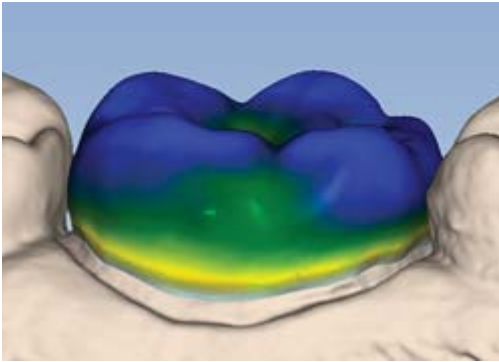
The desired material thickness is based on the block manufacturer's recommended thickness for your restoration type. The desired material thickness for a crown is 1-1.5 mm along the axial walls and 1.5-2 mm on the occlusal table.



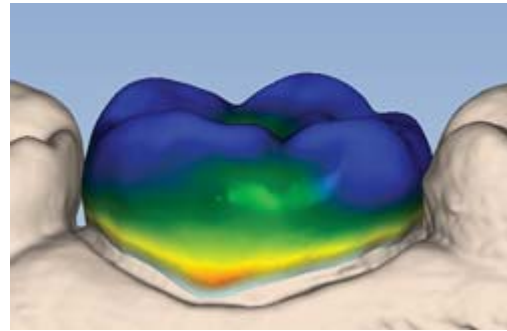


Exercise 2 - Molar Crown with Buccal Bite

15. Evaluate the margin. The material thickness should be yellow around the margin with no red or orange.



Good example - yellow margin



Poor example - Red or orange along the margin

16. If there is red around the margin, click **Move Margin** to evaluate the margin for accurate placement. Adjust the margin if needed.

Going back to the Margin tab to make changes will result in losing your design.

If the margin is placed accurately and is still red/orange, use the **Dropper** tool to add material thickness.

Congratulations on your molar crown with the PlanScan system!

Review the CAD/CAM Workflow before continuing to the Mill tab.

Milling

1. Click the **Mill** tab
2. Evaluate your design and review the material thickness indicators.
3. Check the sprue position and use the **Sprue Placement** wheel to adjust when needed.
4. Select the block size (also based on sprue positioning)
5. Click **Mill Sim.**
6. Evaluate the simulation.
7. Click **Send to Mill**, click **OK**



Exercise 3 - Onlay Restoration

Exercise 3 - Onlay Restoration

Onlay Tooth #14 (2-6 ISO)

Setup

Enter the setup information for this case:

- **Tooth 14 (2-6 ISO)**
- **Onlay**
- **Buccal/Opposing**
- **Library A**
- **Lava Ultimate LT**
- **Select shade A1**

Scan Prep

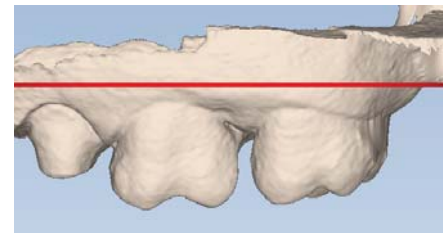
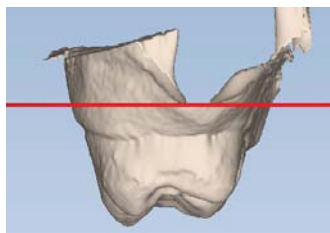
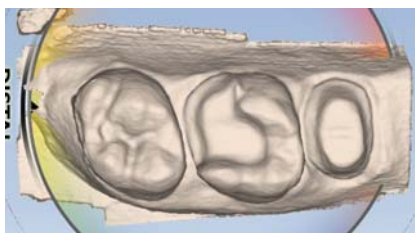
1. Click the **Scan** tab.
2. Follow the basic scan pattern.
3. Evaluate the preparation model. The same basic scan pattern is used for partial restorations.

Tooth 13 (2-5 ISO) is also a preparation, but we are not designing it at this time. The opposing dentition is a preparation, so we are not going to scan the buccal and opposing.

Orientation

The pictures for this case are of a different onlay. The procedure is the same.

1. Click the **Margin** tab.
2. Set the **Orientation** for the onlay. Use the remaining anatomy of the prepped tooth to aid your orientation.



Mark the Margin

1. Use the scroll wheel to zoom in on the preparation.
2. Click **Trace** and click on the inside of the margin.
3. Moving in small increments, click as you move around the preparation.
4. The margin is finished when the original point (blue dot) is clicked to finish the circle.



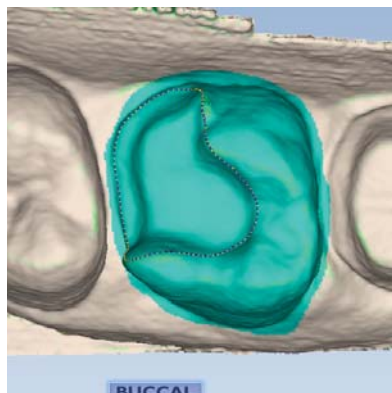
Once the margin is drawn for an inlay or onlay, a notification screen appears.



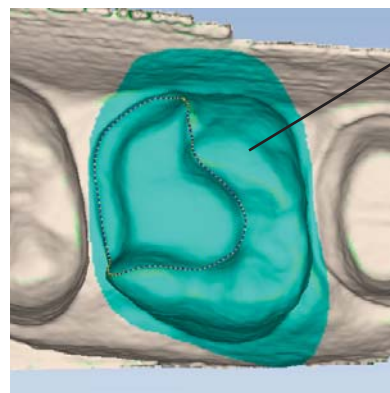
Note: If this screen doesn't appear, click **Selection Area**.



5. Click **Take Me There** to go to the Selection Area screen.
6. Click **Add to Selection** and circle Tooth 14 (2-6 ISO).



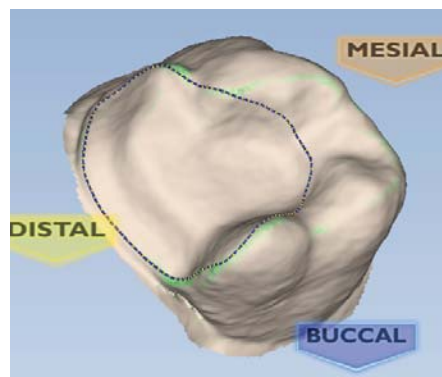
Good Selection



Poor Selection

Using Selection Area will define the area of the tooth structure for design. Over selection an area will cause a poor proposal.

7. Complete the Selection Area and return to the **Margin Tool** screen.
8. Click **Hide Model** to isolate the preparation and to evaluate and adjust the margin with **Move Margin** and **Add Segments** as needed.



Please reference the CAD/CAM workflow for design. We will use this form throughout the design process.

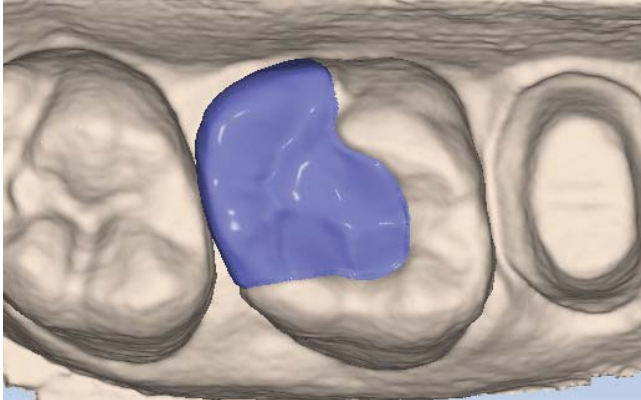


Exercise 3 - Onlay Restoration

Design

1. Click the **Design** tab.
2. Ensure Autogenesis is **ON** and click **Apply**.

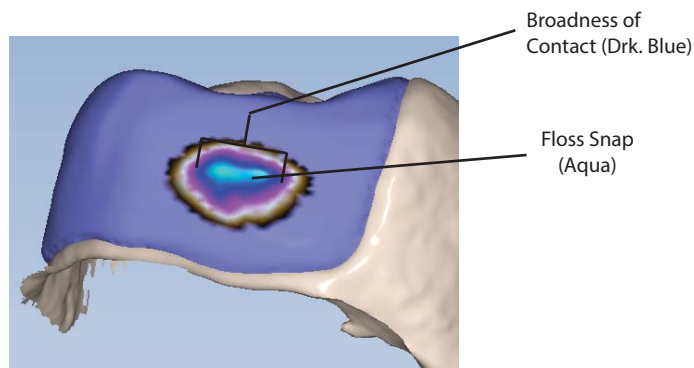
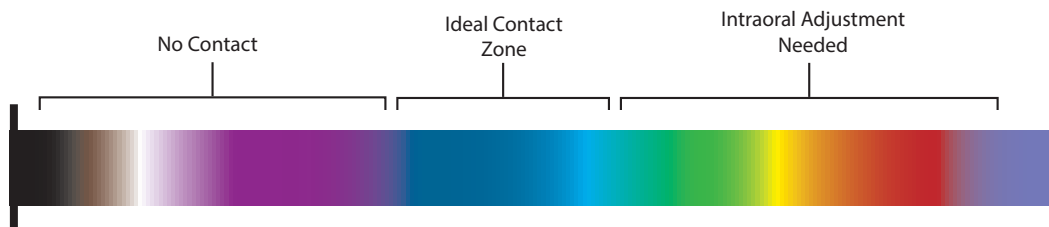
Autogenesis creates a proposal based on the Selection Area designated.



3. Click **Incremental Change Tools** to evaluate the proposal for large adjustments. Use the tool options to make changes where needed. Click **Apply** before continuing.
4. Click **Freeform Change Tools** and **Material Thickness** (in view options) to evaluate the proposal. The proposal should be blue/green with a yellow margin.
5. Click **Rubber Tooth** and adjust the axial walls, ridges, and embrasures. Activate **Move Feature** to adjust surfaces incrementally.
6. Click **View Contacts**.

Since this case does not have any occlusal contact information, we will skip to the interproximal contact.

7. Rotate the proposal to view the interproximal contacts. Adjust interproximal contacts as needed with **Smooth Surface** in **Freeform Change Tools**. The goal is dark blue with a hint of aqua.

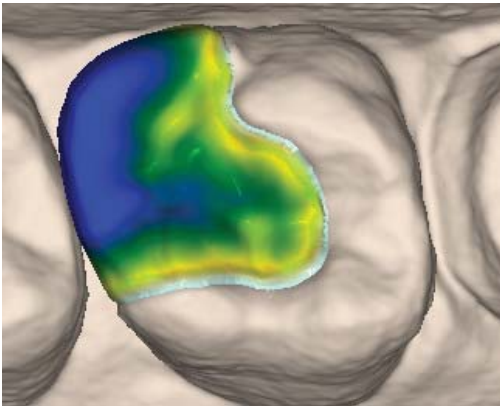


8. Deactivate **Hide Model**.
9. Deactivate **View Contacts**.

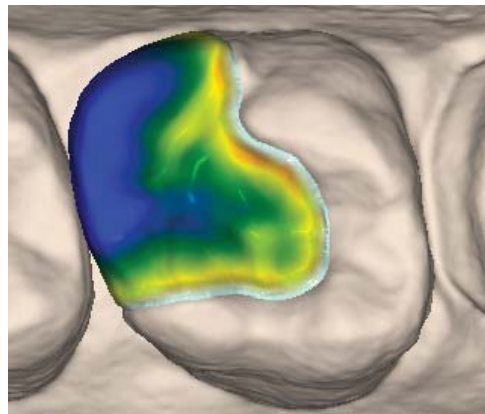


Exercise 3 - Onlay Restoration

10. Click **Material Thickness**.
11. Evaluate the margin. The material thickness should be yellow around the margin with no red or orange.



Good example - yellow margin



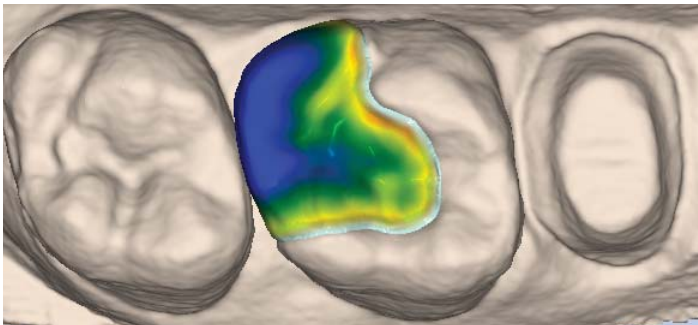
Poor example - Red or orange along the margin

12. If there is red around the margin, click **Move Margin** to evaluate the margin for accurate placement. Adjust the margin if needed.

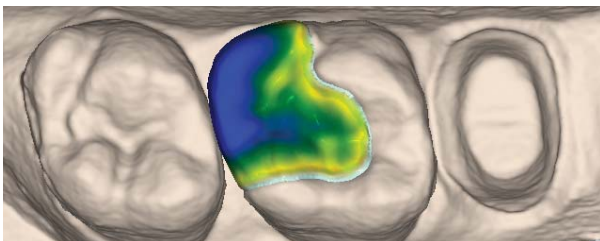
[Going back to the Margin tab to make changes will result in losing your design.](#)

13. If the margin placement is accurate, use the **Dropper** tool to add material thickness.

In some situations, it will be difficult to attain ideal occlusal contact strength and reach minimum material thickness. In the example below, the red material thickness around the margin indicates the margin is too thin.



14. Click **Dropper** and add material thickness. This will result in adequate material thickness strength but may create a strong contact with the opposing dentition. This can be corrected intraorally.



Congratulations on your first partial restoration with the PlanScan system!

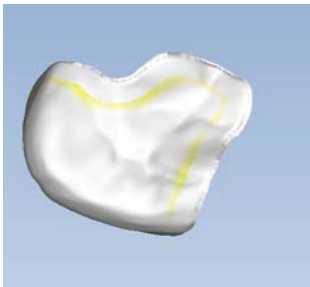
Review the CAD/CAM Workflow before continuing to the Mill tab.



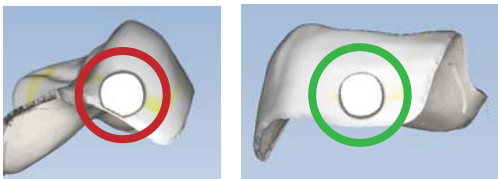
Exercise 3 - Onlay Restoration

Mill

1. Click the **Mill** tab.
2. Evaluate your design and review the material thickness indicators.
3. Click **Hide Model** and check the sprue position and use the **Sprue Placement** wheel to adjust when needed.
4. If no sprue is visible, the sprue is positioned on the internal aspect of the restoration. Move the sprue to an external position.



5. Ensure the total circumference of the sprue is visible.



6. Select the block size (also based on sprue positioning).
7. Click **Mill Sim.**
8. Evaluate the simulation.
9. Click **Send to Mill**, click **OK**.



The system defaults to the setting for the restoration type.

Standard - Full Coverage Crowns

Detailed - Inlay, Onlay, and Veneers



Exercise 4 - Pre-op Crown

Pre-op Crown Tooth #30 (4-6 ISO)

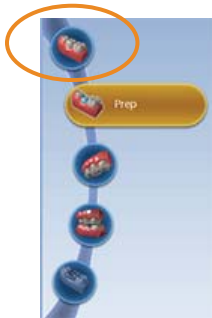
Setup

Enter the setup information for this case:

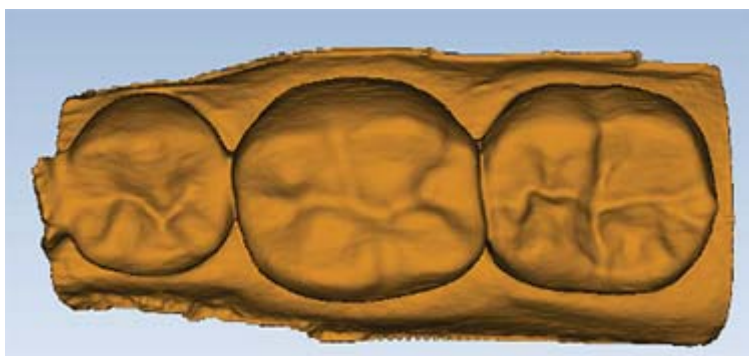
- **Tooth 30 (4-6 ISO)**
- **Crown**
- **Buccal/Opposing**
- **Pre-op**
- **IPS e.max**
- **Select shade A1**

Scan Prep

1. Click the **Scan** tab.
2. Click **Preop**.



3. Follow the basic scan pattern.
4. Evaluate the pre-op model.



Goals of Pre-Op Scanning

- 100% of the pre-op tooth
- 90% of the adjacent teeth
- Good axial data for design
- 2-3 mm gingival tissue on buccal and lingual

5. Click **Prep**.



6. A Time Saver prompt appears. Click **Yes**.



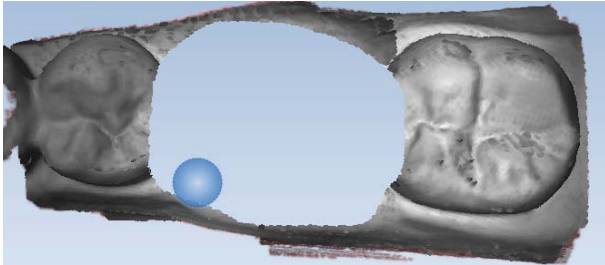
Exercise 4 - Pre-op Crown

The pre-op model is duplicated as the preparation model.

7. Click **Erase**.

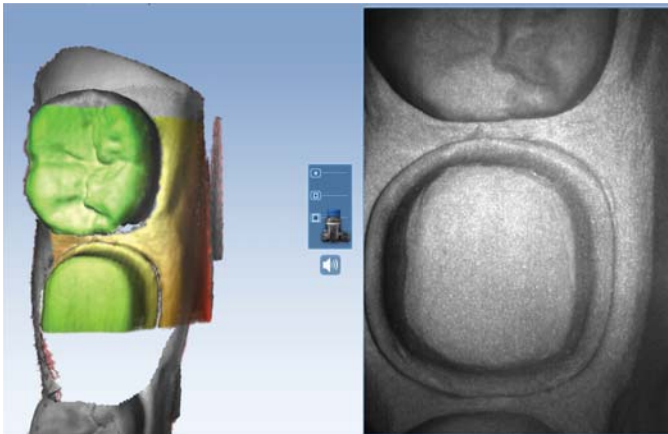


8. Erase the pre-op tooth and the marginal ridges of the neighboring teeth.



9. Click the **Erase** tool again to accept the changes.

10. Press the button on the scanner and start scanning over one of the neighboring teeth. When the system recognizes the same data on your prep model, it will begin scanning. Move over the preparation and the system will fill in the areas that you erased.

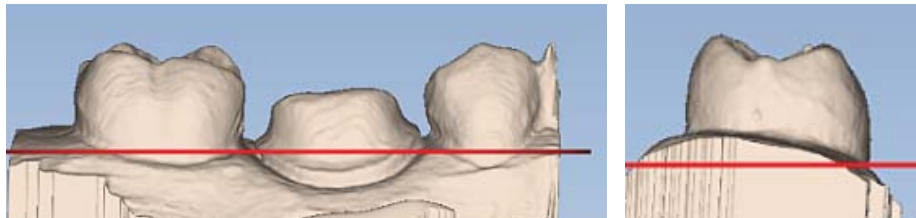
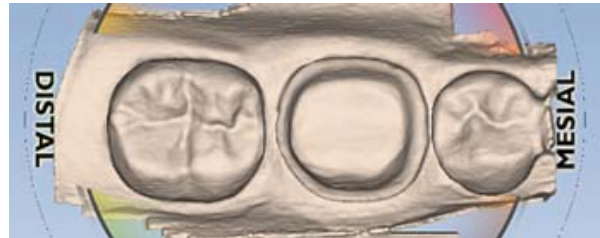


11. Fill in the preparation data and the interproximal areas.
12. Evaluate the model for any missing data.
13. Generate the model.



Orientation

1. Click the **Margin** tab.
2. Evaluate and adjust the Orientation using **View Controls** to change the point of view.



3. Click the **Orientation** icon to accept the current position.

Mark the Margin

1. Use the scroll wheel to zoom in on the preparation.
2. Click **Trace** and click on the inside of the margin.
3. Moving in small increments, click as you move around the preparation.
4. The margin is finished when the original point (blue dot) is clicked to finish the circle.

Edit the Pre-op



1. Click **Pre-Op Editing**.
2. Use the **Trace** tool to designate the area of the model that you want to use as the Pre-op library surface. Stay away from rough areas and the margin.



3. Click on the blue dot to finish the pre-op area.
4. Use **Move Curve** and **Add Segments** to edit the Pre-op if needed.



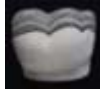
Exercise 4 - Pre-op Crown

Design

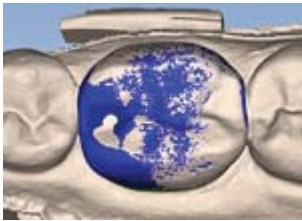
1. Click the **Design** tab.

Note that the Library at the bottom of the screen now includes Pre-op.

2. Click **Apply**. Autogenesis creates a proposal based on the Pre-op area that you designated and Library A.
3. Follow the normal design workflow.



4. Click **View Pre-op** to see the combination of the pre-op model and the prep model. Speckled areas are where the pre-op is in close proximity to the proposal. Solid stone color shows where the pre-op is above the proposal. Solid proposal color is where the proposal is above the pre-op.



Click **View Pre-op** a second time to make the pre-op model translucent.

5. Use **Slice Plane** and **Rubber Tooth** to make adjustments if needed.

Milling

1. Click the **Mill** tab
2. Evaluate your design and review the material thickness indicators.
3. Check the sprue position and use the **Sprue Placement** wheel to adjust when needed.
4. Select the block size (also based on sprue positioning).
5. Click **Mill Sim**.
6. Evaluate the simulation.
7. Click **Send to Mill**, click **OK**



Optional Exercise - Anterior Crown with Buccal Bite

Optional Exercise - Anterior Crown with Buccal Bite

Tooth #9 (2-1 ISO) with bite registration

Setup

Enter the setup information for this case:

- **Tooth 9 (2-1 ISO)**
- **Crown**
- **Buccal/Opposing**
- **Library A2**
- **Empress CAD Multi**
- **Select shade A1**

Scan Prep

Scan prep using the basic scan method for a single unit anterior case. The tip of the wand should face the highest tooth number.



Begin scanning directly over the occlusal surface of the preparation. Move in a gradual, continuous motion toward the neighbor. Transition from the incisal, axial wall, and to the gingival surfaces. The scanner should be held at close to 90° while scanning parallel to the axial surface.

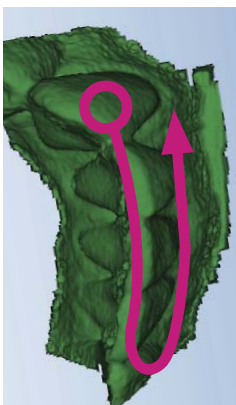
Watch as your model builds to see any areas that might require a different rotation or angle.

Goals of Prep Scanning

- 100% of the prep and interproximal contact point
- 90% of the adjacent teeth and good axial data for design
- 2-3 mm gingival tissue on buccal and lingual

Scan Opposing

1. Click **Opposing**.
2. Starting in the same scanner orientation as the prep scan, scan the incisal data and rotate to the buccal.



Goals

- 100% of the occlusal and buccal surfaces
- 2-3 mm gingival tissue on the buccal surface
- Lingual data not necessary

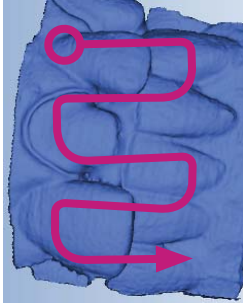
3. Erase any interfering data such as tongue, cheek, and cotton rolls.



Optional Exercise - Anterior Crown with Buccal Bite

Scan Buccal

1. Click **Buccal**.
2. Scan the buccal surfaces of the teeth that were captured in the preparation and opposing models. Ensure some gingival data is captured. Use the same scanner orientation as the other two scans.



Goals

Capture the buccal surface of the dentition in the prep and opposing

2-3 mm gingival data

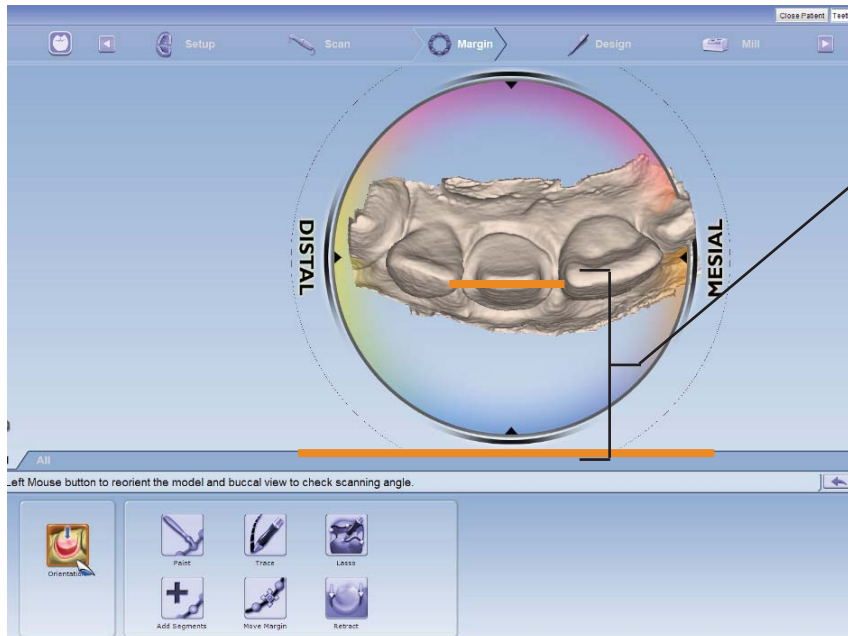
No rotations necessary

Note: Be sure to verify the status of the buccal alignment.



Margin

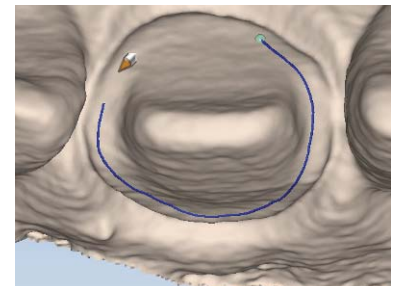
1. Click the **Margin** tab.
2. Evaluate and adjust the Orientation. Orientation may have to be adjusted a second time after marking the margin.



3. Click **Orientation** to accept the current position.

Mark the Margin

1. Use the scroll wheel to zoom in on the preparation.
2. Click **Trace** and click on the inside of the margin.
3. Moving in small increments, click as you move around the preparation.
4. The margin is finished when the original point (blue dot) is clicked to finish the circle.
5. Adjust with **Move Margin** and **Add Segments** as needed.



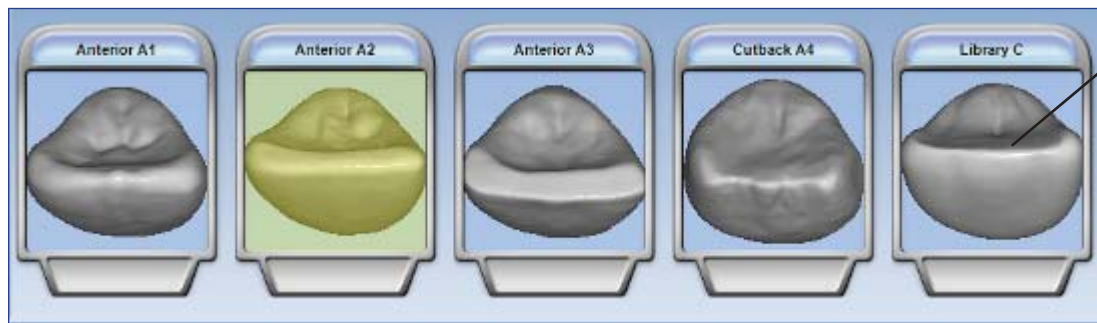
Optional Exercise - Anterior Crown with Buccal Bite



Design

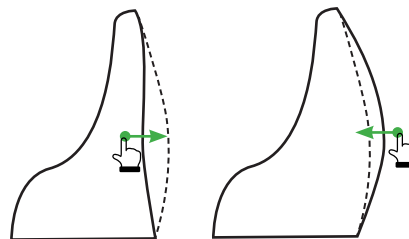
Please reference the CAD/CAM workflow for design. We will use this form throughout the design process.

1. Click the **Design** tab, the **Tooth Libraries** tools automatically appear. Review the available libraries for best fit.



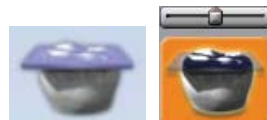
Available tooth libraries for design. Yellow highlight indicates current selection.

2. If the library tooth is not a good size in relation to the neighbors, use the **ALT + (Up or Down) Arrows** on the keyboard to resize the library tooth.
3. If the library tooth needs to be moved, left click and drag the green tooth to ideal position.
4. Turn OFF **Autogenesis** and click **Apply**.
5. Click **Incremental Change Tools** to evaluate the proposal for large adjustments. Use the tool options to make changes where needed. Click **Apply** before continuing.
6. Click **Freeform Change Tools** and **Material Thickness** (in view options) to evaluate the proposal. The proposal should be blue/green with a yellow margin.
7. Click **Rubber Tooth** and adjust the axial walls, ridges, and embrasures. Activate **Move Feature** to adjust surfaces incrementally.



Adjust axial wall contours by pulling material away from or toward the preparation.

8. Click **View Bite Registration** to see the opposing dentition model above the proposal. Click **View Bite Registration** a second time to make the template transparent.

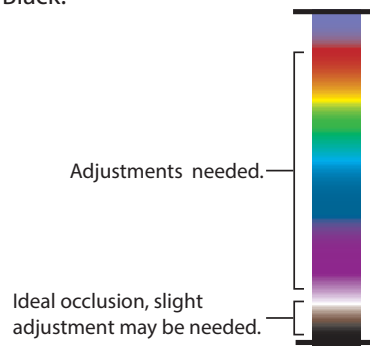
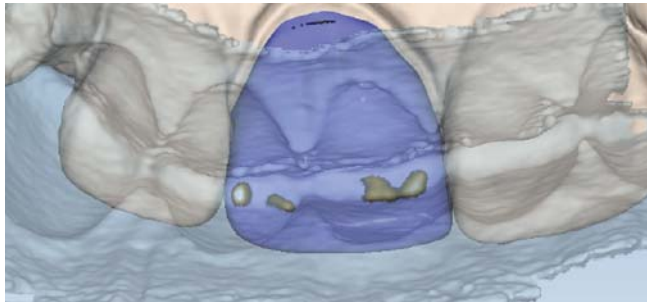


Adjust the translucency of the opposing model.

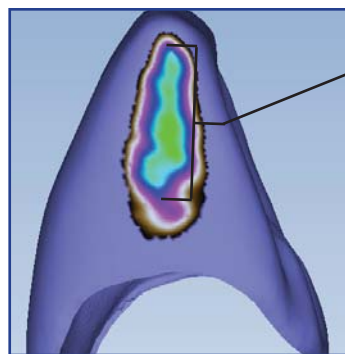
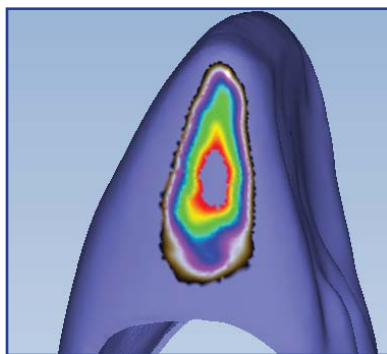
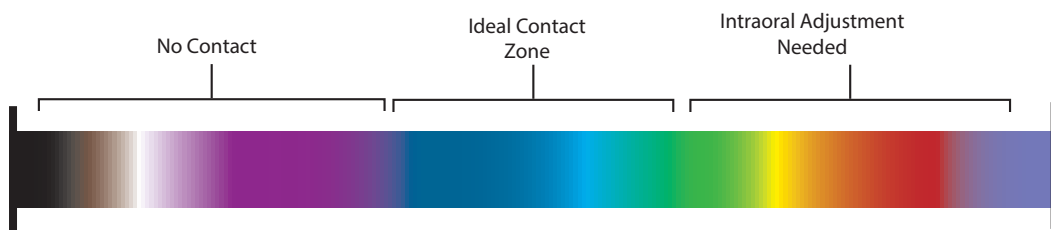


Optional Exercise - Anterior Crown with Buccal Bite

9. Click **View Contacts**. Use **Contact Refinement** to adjust to White, Brown, Black.



10. Click **View Bite Registration** again to deactivate the template.
11. Click **Hide Model** to remove the model from view.
12. Rotate the proposal to view the interproximal contacts. Adjust interproximal contacts as needed with **Smooth Surface** in **Freeform Change Tools**. The goal is dark blue with some green. Final adjustments will be made after the restoration is milled.

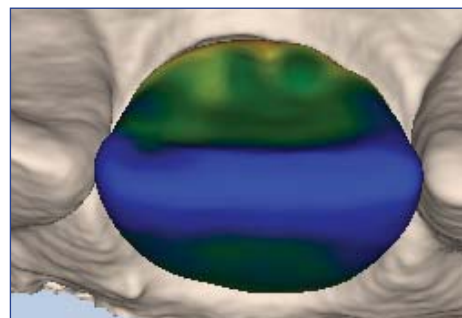


Broadness of Contact (Dark Blue)

Leave a little green in the contact area to finalize after testing the fit.

13. Deactivate **Hide Model**.
14. Deactivate **View Contacts**.
15. Click **Material Thickness**.

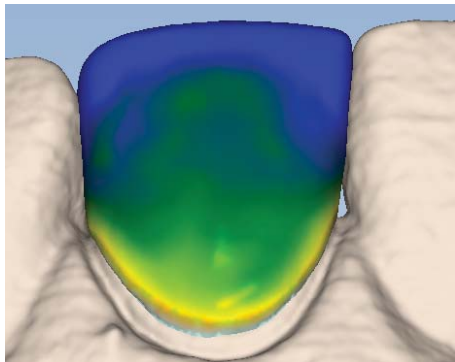
The desired material thickness is based on the block manufacturer's recommended thickness for your restoration type. The desired material thickness for a crown is 1-1.5 mm along the axial walls (bright green - dark green) and 1.5-2 mm on the incisal (dark green - blue).



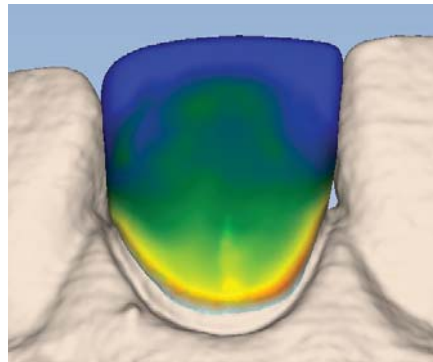


Optional Exercise - Anterior Crown with Buccal Bite

16. Evaluate the margin. The material thickness should be yellow around the margin with no red or orange.



Good example - yellow margin



Poor example - Red or orange along the margin

17. If there is red around the margin, click **Move Margin** to evaluate the margin for accurate placement. Adjust the margin if needed.

Going back to the Margin tab to make changes will result in losing your design.

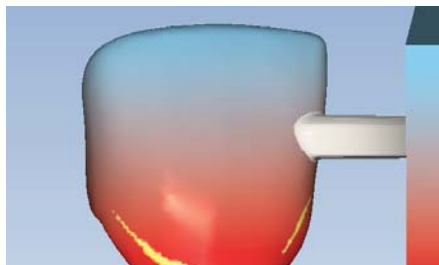
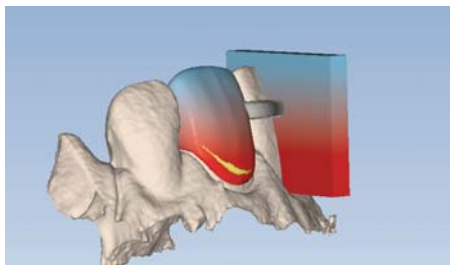
If the margin is placed accurately and is still red/orange, use the **Dropper** tool to add material thickness.

Congratulations on your second design with the PlanScan system!

Review the CAD/CAM Workflow before continuing to the Mill tab.

Milling

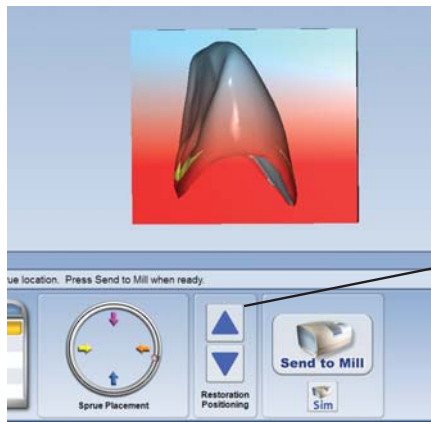
1. Click the **Mill** tab
2. Evaluate your design and review the material thickness indicators.
3. Check the sprue position and adjust when needed.
4. Select the block size (also based on sprue positioning)



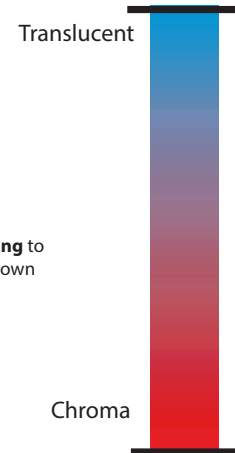


Optional Exercise - Anterior Crown with Buccal Bite

- For this exercise, IPS Empress Multiblock was selected as the material. The amount of chroma and translucency can be adjusted. Use the **Restoration Positioning** arrows to move the restoration up or down to change its value.



Use **Restoration Positioning** to move the proposal up or down within the block.



- Click **Mill Sim.**
- Evaluate the simulation.
- Click **Send to Mill**, click **OK**



The system defaults to the setting for the restoration type.

Standard - Full Coverage Crowns

Detailed - Inlay, Onlay, and Veneers



INFORMATION RESOURCES

There are many resources available for gathering information.

- Download documentation and marketing materials - www.e4d.com/material-bank. Printed copies are available for a fee and can be ordered by emailing educationonline@e4d.com.
- Videos - www.e4d.com/videos
- Education opportunity details - www.e4d.com/education

Visit CadCamCan.com for additional videos and resources. Subscription needed for some sections.

Please note that cadcamcan.com is a separate site. To post on their forums, you will need to Create an Account on the cadcamcan.com website. The registration invitation code is **PlanScan** (case sensitive).

Newsletters, Chairside Chat, and update information are communicated via email. When you create your account in class, you may choose to be added to our email list. You may unsubscribe at any time.

Registration

To register, go to www.e4d.com/register. This is usually done while you are at the Elements class in Dallas.

1. **Doctor** is the default selection. If you are not a dentist, click **Team Member**. It is important that you fill out your information under the correct tab.

The image shows a registration form with a large blue 'REGISTER' button at the top. Below the button are two tabs: 'DENTIST' and 'TEAM MEMBER'. The 'DENTIST' tab is currently selected and highlighted.

2. Fill out the information carefully. Note: the fields are different for Dentists and Team Members. The dentist information will be used as your listing in Dentist Finder.
3. At the bottom of the registration are several email subscription checkboxes.
 - Weekly Video Tutorials
 - Send me Product Updates
 - Dentist Finder (on the Dentist registration only)
 - CDD Registration (on the Team Member registration only)
4. Click **Submit**.



CDD Program

CUSTOMER SUPPORT INFORMATION

PlanScan System support

E4D Customer Support

1.800.537.6070

866.361.1333 corporate phone

972.234.3557 corporate fax

customersupport@e4d.com

7am-7pm Central Time Mon-Thurs

7am-6pm Central Time Friday

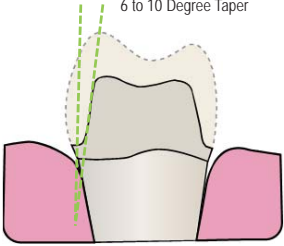
CDD PROGRAM

The self-paced Certified in Digital Dentistry Program (CDD) provides motivated operators with the opportunity to gain professional recognition and establish credibility in proficiency with the latest dental CAD/CAM technology.

Go to e4d.com/cdd to learn more.

Prep Guidelines & Materials

Prep Guidelines



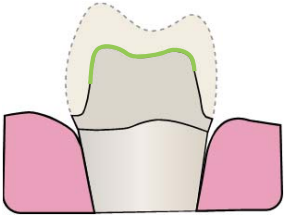
6 to 10 Degree Taper

T

- Tapered Sides

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E4D TECHNOLOGIES

Prep Guidelines

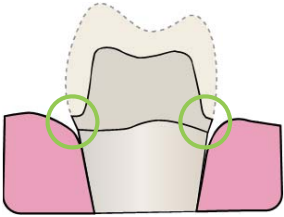


TR

- Tapered Sides
- Rounded Internal Angles

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E4D TECHNOLOGIES

Prep Guidelines

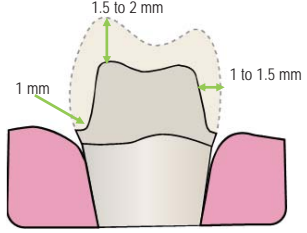


TRE

- Tapered Sides
- Rounded Internal Angles
- Equi/Supra Gingival Margins

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E4D TECHNOLOGIES

Prep Guidelines

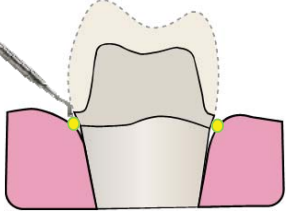


TREA

- Tapered Sides
- Rounded Internal Angles
- Equi/Supra Gingival Margins
- Adequate Reduction

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Prep Guidelines

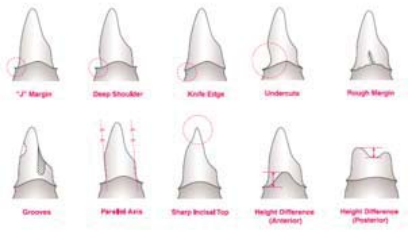


TREAT

- Tapered Sides
- Rounded Internal Angles
- Equi/Supra Gingival Margins
- Adequate Reduction
- Tissue Management

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AVOID



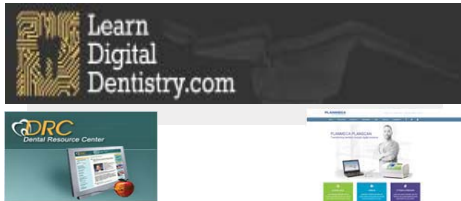
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- A copy is provided for each practice in your blue take away bag and included in the User Manual
- Electronic versions are available online



Additional Resources Can Be Found At:







Material Selection

Block Size Selection

- Materials come in a variety of sizes.
- The size of the designed restoration and sprue position will determine the available size to mill.

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IPS Empress CAD by Ivoclar Vivadent

Beautiful Esthetics
 IPS Empress CAD offers over 100 combinations of block size, shades, and translucencies.

Multi Shade & Translucency

- Cut back and layer esthetics in a monolithic block
- Multiple translucencies create the most natural looking, esthetic restoration
- Control incisal translucency and gingival color

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IPS Empress CAD by Ivoclar Vivadent

High Translucency

- Excellent chameleon effect
- Blends easily with existing tooth structure
- Inlays virtually "disappear"
- 20% more translucent than the Low Translucency Block

Low Translucency

- Higher value
- "Block out" capability. Higher opacity level



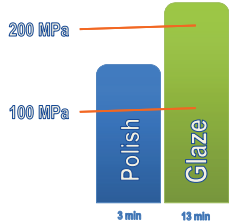
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IPS Empress CAD by Ivoclar Vivadent

Efficient

IPS Empress CAD offers the option to simply mill and polish for maximum efficiency or glaze fire for up to a 50% increase in strength*.

*Clinician's Report - October 2009, Volume 2 Issue 10



Process	Time	Strength (MPa)
Polish	3 min	100 MPa
Glaze	13 min	200 MPa

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IPS Empress CAD by Ivoclar Vivadent

Multi

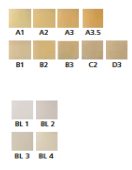
- A1, A2, A3, A3.5, B1
- BL1, BL3

HT (High Translucency)

- A1, A2, A3, A3.5, B1, B2, B3, C2, D3

LT (Low Translucency)

- A1, A2, A3, A3.5, B1, B2, B3, C2, D3
- BL1, BL2, BL3, BL4



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IPS e.max CAD by Ivoclar Vivadent

Beautiful Esthetics

- IPS e.max CAD offers a wide range of shades, sizes, and translucencies to allow the dental professional to provide beautiful esthetics and the durability to ensure clinical success for all indications



The Highlights

- True-to-nature shade behavior for highly esthetic solutions
- Versatile use and comprehensive range of indications
- Lifelike esthetics, irrespective of the shade of the preparation



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IPS e.max CAD by Ivoclar Vivadent

Benefits

- Durable restorations due to the high strength
- Adhesive, self-adhesive or conventional cementation depending on the indication

Bridge Materials

- C16
 - Ideal for longer dentition and large restorations
- B32
 - Up to three-unit bridges up to the second premolar as the abutment tooth



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IPS e.max CAD by Ivoclar Vivadent

HT (High Translucency)

- A1, A2, A3, A3.5, A4, B1, B2, B3, B4, C1, C2, C3, C4, D2, D3, D4
- BL1, BL2, BL3, BL4



LT (Low Translucency)

- A1, A2, A3, A3.5, A4, B1, B2, B3, B4, C1, C2, C3, C4, D2, D3, D4
- BL1, BL2, BL3, BL4



C16 & B32 Blocks

- A1, A2, A3, A3.5, B1, B2, C1, C2, D2
- BL1

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IPS e.max CAD Impulse by Ivoclar Vivadent

Value blocks – various brightness values

The Value blocks feature different brightness values: 1 is the lowest and 3 the highest.

Opal blocks – lifelike opalescence effect

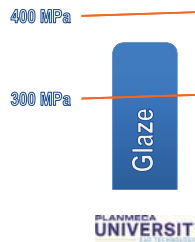
- The Opal blocks exhibit a decreasing opalescence and increasing brightness value from 1 to 2.
- The Opal blocks can be used as an “enamel replacement” material.
- Aesthetic and minimally invasive restorations – thin veneers in particular.



IPS e.max CAD Impulse by Ivoclar Vivadent

Advantages

- Lithium disilicate glass-ceramic (LS2) with a strength of 360 MPa
- Opal blocks for highly esthetic, minimally invasive veneers with a minimum thickness of 0.4 mm
- Value blocks for lifelike brightness value in crowns



Telio CAD by Ivoclar Vivadent

Strength and Endurance

- Long term temporary bridge material (12 mo.).
- Flexural strength of 130 MPa

Esthetic

Polyacrylate material technology allows for beautiful esthetic results simply by polishing or with the option to apply stains and glaze for a customized appearance.

Shades


- A1, A2, A3, A3.5, B1
- BL3




Lava Ultimate by 3M

Nano Technology


- High flexural strength (200 MPa) adds durability to posterior restoration
- Excellent wear resistance
- Brilliant and long-lasting polish
- Excellent stain resistance for color stability



Before



After



Shades

- A1, A2, A3, A3.5, B1, C2, D2
- BL

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Paradigm MZ100 by 3M

Versatile and Easy

- Enamel-like wear characteristics are superior to that of ceramic blocks
- Easy to finish and polish
- Easy to repair intraorally






Shades


- A1, A2, A3, A3.5, B3
- Enamel

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Zirlux FC2 by Zahn Dental

Advantages of Full Contour Zirconia

- Flexural strength of 1100 MPa
- Simple stain and glaze technique
- High translucency pre-shaded zirconia
- Predictable aesthetic outcome
- Excellent alternative to PFM's
- Low wear on opposing dentition



To prevent contamination it is required to perform maintenance between milling different materials. A sintering oven is required for Zirlux FC2.

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Burn out Block (BOB) by E4D Technologies

Advantages

Ideal for the lost wax technique allowing the optimal design of the restoration to be used for lost-wax casting or pressing techniques for additional material and restoration utilization



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Options to think about...

- Choose the best option for your patient
- Call your manufacturer representative for more details
- View manufacturer websites for more specific indications and uses

Block Recommendation Chart

Material	Restoration Type				
	Anterior	Posterior	Single	Multiple	Bridge
Line Block	✓	✓	✓	✓	✓
PS Impreg CAD-01	✓	✓	✓	✓	✓
PS Impreg CAD-02	✓	✓	✓	✓	✓
PS Impreg Bulk	✓	✓	✓	✓	✓
PS max CAD-01	✓	✓	✓	✓	✓
PS max CAD-02	✓	✓	✓	✓	✓
PS max CAD Impreg	✓	✓	✓	✓	✓
Block CAD	✓	✓	✓	✓	✓
Block F12	✓	✓	✓	✓	✓
Burn Out Block (BOB)	✓	✓	✓	✓	✓

Anteriors? Bridges? Implants?

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Remember to always follow the manufacturer instructions provided with each type of material.

For additional information regarding the content in this presentation. Please contact the manufacturer for the product in question.

Integration Day & Starter Kit

Integration Day

- Day starts at 7:30am and ends 3pm
- 3 Pre-prepared, Single Unit, Posteriors (premolar, molar)
- Schedule:
 - Patients at 8am, 10am, and 1pm
 - Allow 3 hours for the first appointment that may overlap the second
 - 2 hour appointments are needed for the second and third patients
- Lunch and Learn
 - Mill maintenance
 - DDX Setup
 - Discuss how to continue with your education
- No other patients scheduled
- Focused on those who attended the Elements of Success course in Texas



Premier - Starter Kit



- 1 Diamond Twist Paste Kit
- 1 Traxodent Sample
- 2 Sample Prep Burs
- 1 Milling Tools Sample Pack
 - 2 Ellipsoidal
 - 2 Conical
 - 2 Tapered
- 1 Sample Knit-Pak Cord



Ivoclar - Starter Kit

Telio CAD:

- 4 Telio CAD Blocks
- Telio CS Link Transparent
- Telio CS Desensitizer 5g
- OpraPol Test Pack

IPS e.max CAD:



- 4 e.max CAD Blocks
- 2 e.max Shades
- 1 e.max Stain
- 1 e.max Glaze Paste
- 1 e.max Glaze Liquid
- 1 e.max Crystallization Tray

IPS Empress CAD:

- 4 IPS Empress CAD Blocks
- 2 Empress Shades
- 1 Empress Stain
- 1 Empress Glaze
- 1 Empress Glaze Liquid

Misc. items:

- 2 Multilink Primer
- 1 Monobond Plus
- 1 Ceramic Etching Gel
- 1 Multilink Automix Trans
- 1 Optrastick
- 1 Optrafine Promo Pack
- 1 Object Fix Putty
- Cementation Navigation DVD

3M - Starter Kit




Lava Ultimate:
 5 A2 LT C14 Blocks
 5 A2 HT C14 Blocks

Misc. items:
 1 RelyX Ultimate Adhesive (A1)
 1 Scotchbond Universal Adhesive
 1 3M ESPE Retraction Capsule
 1 CoJet Sand Blast Coating Agent
 1 Lava Ultimate Guide

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FOR DENTISTS

Starter Kit



Mill Coolant
 Defoaming Solution

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FOR DENTISTS

What's Next?

Contact your local representative today:

- o Order blocks in shade values for upcoming patients
- o Order mill tools:
 - 1 sleeve of each: Ellipsoidal and Tapered
- o Stains and Shades for characterization
- o Spray Glaze and speed tray for e.max (depending on order)
- o Infection Control Procedures for Scanner Tips (HLD or Autoclave?)
- o Lens tissues (KimWipes)
- o Lab handpiece and Finishing Kit
- o Sand blaster (if using Lava Ultimate)
- o Prep Kits (recommended, not required)

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FOR DENTISTS

CAD/CAM SUPPLIES

The materials listed below are all items used at Planmeca University. They are grouped by item type. For new documentation, go to www.e4d.com/material-bank.

Documentation	
Name	Vendor
User Manual	E4D Technologies
Milling Center Quick Reference	E4D Technologies

Infection Control		
Name	Vendor	Item Number
Alcohol Prep Pads	Schein	1048298
MaxiCide Plus w/ Activator	Schein	102-5796 (Qt) 102-2865 (Gallon)
MetriTest Strips	Schein	602-3437
Distilled Water	Schein	395-0139
Gloves	Schein	
X-Small		5654510
Small		5658087
Medium		5657431
Large		5659481
X-Large		5651575
Allrap Cover Film 4x6 Clear	Schein	1273240
Steri-Soaker	Schein	6581402

Preparation Design		
Name	Vendor	Item Number
Two Striper Full Crown Kit	Schein Premier	3780210 2013581
Two Striper Inlay/Onlay Kit	Schein Premier	3780213 2013582

Impression and Model Materials		
Name	Vendor	Item Number
Earth Stone - Quick Set Stone	Schein	9662932
Orban 1/2 Perio Blade for trimming bite registration	Premier	1004751

Scanning		
Name	Vendor	Item Number
Scanning Tips (HLD pack of 3)	Schein	6314915
Scanning Tips Autoclave Standard	Schein	4457436
Scanning Tips Autoclave Landscape	Schein	4454531
Scanning Tips Autoclave Portrait	Schein	4452695
Optical Wipes - Kimwipes	Schein	1017070
Ergotron Cart (smaller)	Schein	1276580
Enovate Cart (larger)	Schein	6310850

Milling Center

Name	Vendor	Item Number
Coolant	Schein	6311524
Defoaming Solution	Schein	6318999
Two Striper E4D Mill Diamonds (Burs)		
Conical	Schein Premier	3781031 2016002
Ellipsoidal	Schein Premier	3780560 2016001
Tapered	Schein Premier	3786546 2016000
Assorted	Schein Premier	3780206 2016004

Restoration Finishing

Name	Vendor	Item Number
Two Striper Finishing Kit	Schein Premier	3780201 2013553

Articulating Paper

Name	Vendor	Item Number
Accufilm I Single Sided Red Articulating Paper	Schein	1865309

Clinical materials and accessories (cements, adhesives, stains & glaze, etc.)

Ivoclar Vivadent

Rebecca Spillman, MS

Ivoclar Vivadent
175 Pineview Drive
Amherst, NY 14228
716.691.2248 phone
rebecca.spillman@ivoclarvivadent.com

3M ESPE

Bill McGlynn

3M ESPE
3M Center Bldg. 275-2SE-03
St. Paul, MN 55144-1000
651.733.9078 phone
bfmcglynn@mmm.com

Premier Dental Products Company

John Bonner

Premier Dental Products Company
1710 Romano Drive
Plymouth Meeting, PA 19462
610.239.6022
888.773.6872 Ex. 1022
jbonner@premusa.com

NOTES

Block Recommendation Chart

Manufacturer Specifications for Materials

Restoration Type

CAD/CAM Materials	Anterior		Anterior Veneer	Posterior	Inlay/Onlay	Implant	Bridge
	Full Crown	Full Crown		Full Crown		Provisional Only	
Paradigm MZ100 Lava Ultimate	⚠️	✓	⚠️ ✓	✓	✓ ✓	Provisional Only	
IPS Empress CAD HT IPS Empress CAD LT IPS Empress Multi	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	⚠️ ⚠️ ⚠️	
IPS e.max CAD HT IPS e.max CAD LT IPS e.max CAD Impulse	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	✓ ✓ ✓	Anterior Only
Telio CAD	Provisional Only	Provisional Only	Provisional Only	Provisional Only	Provisional Only	Provisional Only	Provisional Only
Zirlux FC2	⚠️	✓	⚠️	✓	⚠️	⚠️	✓

FOR CAST OR PRESSED INDICATIONS ONLY



Indicated



With manufacturer caution

IPS e.max CAD

Characterization Process

1

Preparing the restoration

Object Fix

Flow (shown) will be used to affix the restoration to the firing pin for characterization and firing. Object Fix - Putty can also be used



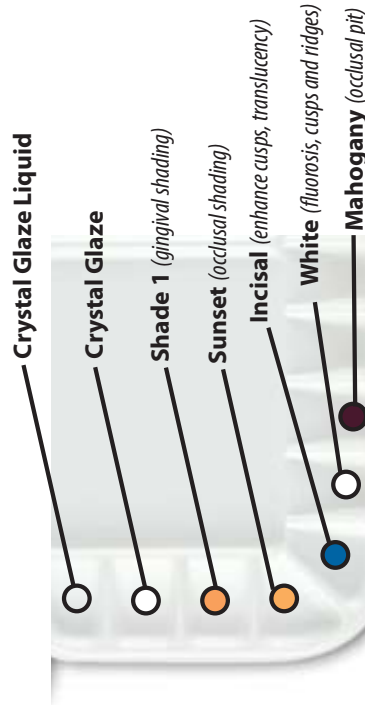
Crystallization Tray

After characterization place the restoration onto the crystallization tray for firing. Note there is an additional Speed Crystallization Tray for IPS e.max



2

Characterization of IPS e.max



3

Oven program and firing



Information bar

Indicates current furnace temp and selected furnace programs

Main screen

Indicates the selected firing program, firing progress, and other menu options

Navigation bar

Browse between programs and settings

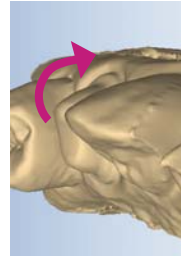
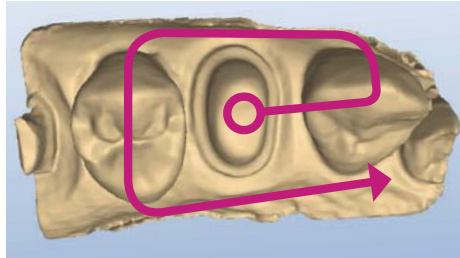
Program Information

- P1 - IPS e.max
- P2 - Corrective firing
- P3 - Speed crys. spray
- P4 - Empress

Scanning Technique Goals & Patterns

Preparation

- 100% of the prep and interproximal contact areas
- 90% of the adjacent teeth
- Good axial data for design
- 2-3 mm gingival tissue on buccal and lingual



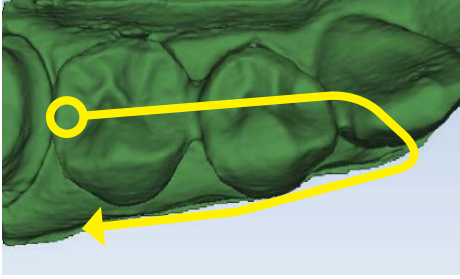
Interproximal

- To achieve 100% of the interproximal contact area, a slight rotation of the scanner will be needed
- Rest the scanner on the proximal dentition and perpendicular to the arch



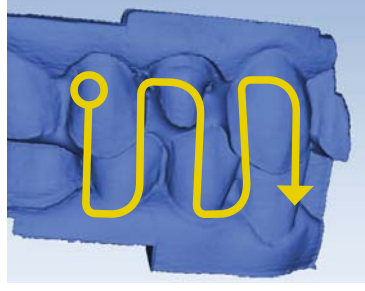
Opposing

- 100% of the cusps
- 2-3 mm gingival tissue on the buccal side
- Lingual and gingival data not necessary



Buccal Bite

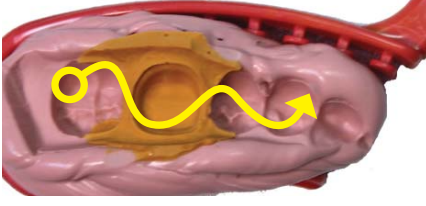
- Capture the buccal surface of the dentition in the prep and opposing
- 2-3 mm gingival tissue
- No rotations necessary**



Note: Information on scanning Bite Registration material can be found in the User Manual

Impressions

- 100% of the prep and interproximal contact areas
- 90% of the adjacent teeth
- Good axial data for design
- 2-3 mm gingival tissue on buccal and lingual



SCAN

Verifying the amount of scan data will ensure a better fitting restoration.



Scan Prep

100% of Prep and contact zones; begin on the occlusal surface of the prep.



Erase Brush
Tongue, Cheek, Fingers or Extra data



Scan Opposing

100% Occlusal and buccal gingival data



Scan Buccal

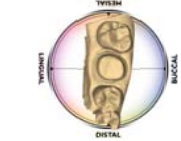
Capture all teeth in prior scans



Bite Alignment
Verify before moving to the Margin tab.



MARGIN



Orientation

Automatically active; balance the model from the occlusal view to mark the margin.



Orientation can be de-activated or activated at any time using this icon.



Trace Margin

From the occlusal view, mark the margin on the shoulder



Use Move Margin to adjust placement



Use Add Segments to redraw a portion



Verify Alignment

Verify the orientation of the model with the Green Preview Tooth.



Use the Green Preview Tooth as a guide to align the model after activating Orientation



DESIGN

Follow the design flow. Return to a section and repeat any necessary steps when needed.

Generate

Generate proposal is the first step in the design process.

AutoGenesis **ON** - Click Apply
AutoGenesis **OFF** - Resize, Reposition, Apply

Some cases may require orientation to be adjusted.



Use **Incremental Change Tools** to adjust overall fit.



Click an arrow next to the desired adjustment. Twist, Rotate, or Expand to fit in place.

Form

Refine contours, marginal ridges, embrasures and cusps.



Use **Freeform Change Tools** to make small adjustments to contour.



Rubber Tooth can be used to adjust: Axial Walls, Marginal Ridges, Occlusal table, and Embrasures.
Use **Move Feature** for cusps; **Smooth Surface** to blend, and **Dropper** to add material when needed to modify the proposal.

Function

Use these tools to adjust the bite and occlusion to ideal parameters.



Adjust bite with **View Bite Registration (x2)**, **View Contacts**, & **Contact Refinement**.
Goal: White, Brown, Black



Adjust interproximal contacts with **Freeform Change Tools**. Use **Hide Model** and **Smooth Surface** to refine contacts. Goal: Light Green/Aqua surrounded by Dark Blue

Prepare for Milling

Ensure the restoration will mill properly.



Material Thickness:
Occlusal table 1.5 - 2 mm
Axial walls 1 - 1.5 mm



Ideal margins are Yellow. If red/orange verify placement with **Move Margin**. Use **Dropper** as needed to add material



MILL

Sprue Position

Adjust the sprue away from margins, contacts, and occlusion when needed.



Block Size Selection

Select the block size for the chosen restoration and material.



Mill SIM

Check the internal fit of your restoration before milling.



Look for internal interferences in the intaglio surface of the restoration and use **Slice Plane** when needed to evaluate.

